

CAMP RAMAH IN NEW ENGLAND

SUGGESTED CLOTHING LIST

Please label ALL items!!

NECESSARY ARTICLES

- 10 - 12 T-shirts
- 7-10 pairs shorts
- 3 sweatshirts or light sweaters
- 5 long-sleeve or flannel shirts
- 14 pairs socks
- 5 pairs jeans or slacks
- 12 sets underwear
- 4 pairs pajamas
- 3 swimsuits
- 1 baseball cap or sun hat
- Windbreaker or hooded raincoat or poncho
- 1 warm jacket
- sweatpants
- Tallit and Tefillin (required for men, optional for women)
- 4 Kipot
- Optional:** swim cap, terry robe

BEDDING AND LINEN

- 4 bath towels
- 2 warm blankets
- 2 wash cloths
- 3 hand towels
- 2 laundry bags
- 2 twin sheet sets
- 2 beach towels
- 1 pillow

TOILET ARTICLES

- 1 Toiletry Kit (use plastic containers) including:
 - shampoo, nail clipper, soap, soap dish, three toothbrushes, toothpaste, comb or brush, drinking cup,
- orthodontic retainer (if applicable)

FOOTWEAR

- 1 Pair Rain Boots
- 1 Pair Sneakers
- 1 Pair Beach Shoes/Thongs
- 1 pair shower shoes

☆ For Shabbat ☆

GIRLS

4 dresses or skirts and blouses
1 sweater
1 pair dress shoes or sandals

BOYS

2 pair dress slacks (No jeans)
4 dress shirts
1 sweater
1 pair dress shoes

MISCELLANEOUS

2 duffel bags OR 1 duffel bag AND 1 soft trunk
1 Shoe Bag
Flashlight & batteries
Umbrella
Radio
canteen (1 litre or more)
Sleeping Bag
Extra eyeglasses
Inexpensive Mess Kit
Insect/tick repellent
Sunscreen
Books
Extra name tapes/laundry marking pen
Athletic Equipment (tennis racket, balls, baseball glove) Sunscreen
Musical instruments (non-electric)
Addresses & stamped envelopes and cards
Inexpensive camera and film

ITEMS FOR CAMPERS IN GR. 6-10 FOR OVERNIGHT CAMPING TRIPS

1 canteen (1 litre or more)
hiking boots (broken-in)
1 sleeping bag (preferably mummy style) with minimum temp. rating of 40 degrees
sleeping pad (optional)
2 pair wool or heavy non-cotton socks
1 mess kit (bowl, silverware, hot water cup)
1 good hooded raincoat or poncho (no cheap nylon shells)
1 Pair Long Underwear (optional)
1 Wool or heavy non-cotton cap (optional)
Bandana
Backpack

PLEASE NOTE:

1. PUT NAME TAPES OR HANDWRITTEN IDENTIFICATION ON ALL ITEMS INCLUDING TRUNK, DUFFLE BAG, TALLIT, TEFILLIN AND TALLIT BAGS !!!!
2. Purchase serviceable clothing that can be laundered.
3. Please pre-wash **all** new clothing, break in new shoes, and **test gear** prior to bringing it to camp.
4. **CANTEEN/WATER BOTTLE:** Water bottles must be easy to clean. No straw-style water bottles will be allowed, as they are difficult to keep clean. Water bottles must be properly cleaned on a regular basis. No sharing of water bottles is allowed.