# CAMP RAMAH IN NEW ENGLAND SUGGESTED CLOTHING LIST

## Please label <u>ALL</u> items!!

#### RECOMMENDED ARTICLES

10 - 12 T-shirts

7-10 pairs shorts

3 sweatshirts or light sweaters

2-4 long-sleeve or flannel shirts

14 pairs socks

5 pairs jeans or slacks

12 sets underwear

4 pairs pajamas

4 swimsuits

1 baseball cap or sun hat

Windbreaker or hooded raincoat or poncho

1 warm jacket

sweatpants

Tallit or Tallit Katan and Tefillin (required for men past their Bar Mitzvah, optional for women)

4 Kipot

### BEDDING AND LINEN

- 4 bath towels
- 2 warm blankets
- 2 wash cloths
- 3 hand towels
- 2 laundry bags 2 twin sheet sets
- 2 beach towels
- 1 pillow

#### TOILET ARTICLES

1 Toiletry Kit (use plastic containers) including: shampoo, nail clipper, soap, soap dish, two toothbrushes, toothpaste, comb or brush, drinking cup,

orthodontic retainer (if applicable)

#### **FOOTWEAR**

- 1 Pair Rain Boots
- 1 Pair Sneakers
- 1 Pair Beach Shoes/Flip-Flops
- 1 pair shower shoes

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GIRLS BOYS

4 dresses or skirts and blouses (nice pants are permissible)

1 sweater

1 pair dress shoes or sandals

2 pair dress slacks (No jeans)

4 dress shirts

1 sweater

1 pair dress shoes

#### **MISCELLANEOUS**

2 duffel bags
1 Shoe Bag
Sleeping Bag
Flashlight & batteries
Umbrella
Canteen (1 liter or more)
Extra eyeglasses
Insect/tick repellent
Sunscreen
Books
Athletic Equipment (tennis racket, balls, baseball glove)
Musical instruments (non-electric)
Addresses & stamped envelopes and cards
Inexpensive camera
Swim cap and/or swim goggles

ITEMS FOR OVERNIGHT CAMPING TRIPS (This applies only to Bogrim second-session campers, and Machon & Nivonim first-session and full-summer campers, who sign up for a camping trip option during their Etgar Week.):

1 canteen (1 litre or more)

Hiking boots (broken-in)

1 sleeping bag (preferably mummy style with minimum temp. rating of 40 degrees) Sleeping pad (optional)

2 pair wool or heavy non-cotton socks

1 mess kit (bowl, silverware, hot water cup)

1 good hooded raincoat or poncho (no cheap nylon shells)

1 pair long underwear (optional)

1 wool or heavy non-cotton cap (optional)

Bandana or hat

#### PLEASE NOTE:

- 1. PUT NAME TAPES OR HANDWRITTEN IDENTIFICATION ON ALL ITEMS INCLUDING TRUNK, DUFFLE BAG, TALLIT, TEFILLIN AND TALLIT BAGS !!!!
- 2. Purchase serviceable clothing that can be laundered.
- 3. Please pre-wash **all** new clothing, break in new shoes, and **test gear** prior to bringing it to camp.

Please be sure to label all clothing with your child's first and last name! (Initials are NOT sufficient for us to identify lost clothing found around camp!!)