**Yom Tapuach**  Date of the Yom: 8/2/11

Planners: Matan Markind and Johanna Rudnick

Family Program: Edah program: Amitzim Voc Ed Progam:

Yom goals and theme:

Learn about Rosh Hashanah, Adam and Eve, and traditional uses of apples in Judaism. Have fun. Work on vocabulary- apples to apples. Cooking skills.

7:30-8:15 Tefilah

8:30 - 9:00 Aruchat boker

9:15 - 9:50 Nikayon

10:00 – 10:50 Peulah title: rosh Hashanah yahadut

# of Staff present: 3 Too many/not enough: not enough

Materials:

18 round pieces of cloth (for challah covers), fabric paint, poster with song lyrics, 12 apples, knife, markers, plates

Procedure:

Before the activity, trace “shanah tova u’metukah” or “rosh Hashanah” on the cloths so that the campers can color in the words. Pour paint on to plates.

First tell a story about apples and rosh Hashanah. Then teach an “apples and honey” song. Discuss the significance of eating apples and honey on Rosh Hashanah (we will do this later in the day for snack). Discuss why we eat round challah on Rosh Hashanah.

Then, cut open an apple and demonstrate to the campers how the inside looks like a star. Help them to cut the apples (or have a counselor do it). Decorate the challah covers. Use markers for the words and paint for the apples as stamps.

11:00 – 11:50 Peulah title: apples to apples- Tikvah style

# of Staff present: 4 Too many/not enough: not enough

Materials:

Index cards

Procedure:

Split into 4 groups. Each round there is one adjective and each group has to discuss together and pick a noun card from their pile that best fits the adjective chosen. After each round the judge picks a winner.

SNACK – apples dipped in honey

12:00 – 12:50 Peulah title: Adam and Eve Sport

# of Staff present: 4 Too many/not enough: good

Materials:

Parachute, small balls, sedra scenes story, an apple

Procedure:

First, tell a short story about adam and eve, using sedra scenes.

Play tag, the person that is “it” is the “snake”, he holds an apple and uses it to tag others. The other campers are adam and eve.

Play with the parachute. Play a Jewish version of “cat and mouse”. Instead of the cat trying to find the mouse (the camper moving around under the parachute), it is God trying to find adam and eve. The lesson is that people cannot hide from God.

1:00 – 1:45 Aruchat Tzoharayim

1:45 – 2:35 Shat Menucha

2:45 – 3:35 Peulah title: Water fight and apple bobbing

# of Staff present: 5 Too many/not enough: good

Materials:

Bins of water, apples, cups, water guns

Procedure:

Bob for apples. Have a water fight. Have fun!

3:45 – 4:35 Peulah title: cooking

# of Staff present: 4 Too many/not enough: good

Materials:

2-3 big mixing bowls, 2-3 mixing spoons, 2-3 knives, 2-3 baking pans, peeler, flour, brown sugar, butter, salt, cinnamon, lemon juice

recipe: 1 cup flour, 1 cup brown sugar, ½ cup butter, ½ teaspoon salt, 1 teaspoon cinnamon, lemon juice, apples. Cut up apples, sprinkle lemon juice, mix other ingredients and crumble over apples. Bake 375, for 30 minutes. One 9 x 13 pan.  make in cupcake tins

Procedure:

Bake together.

4:45 – 5:35 Peulah title: NA- we walked to get ice cream

# of Staff present: Too many/not enough:

Materials:

Procedure:

Hold cone. Lick cone. Wash hands.

5:45- 6:30 Bechirot - NA

6:30 – 7:15 Aruchat Erev

7:15 – 8:00 Peulah title:

# of Staff present: 7 Too many/not enough: could use a few

Materials:

Benches, fruit instruments, (maybe more?), small soft balls, cardboard cutouts of giant tetris pieces.

Procedure:

The night before, make the tetris pieces using cardboard boxes and an exacto knife. Prep benches.

Pac Man: make a maze out of benches. Place instruments or “fruit” throughout the maze. The campers walk through the maze and pick up fruit. Counselors act as the pac men and chase the campers. When counselors tag the campers, the campers become “frozen” and the counselor takes the “fruits” and place them back in the maze. The campers can be “unfrozen” by other campers.

Tetris: use pieces, like a puzzle.

Brick Breaker: sort of like dodgeball. Set up a court with a center line. Place the balls in the center. In the back of each side, a counselor should move back and forth as the bar in brick breaker. The camper’s goal is to get the counselor on the opposite team- “a moving target”.

8:00 Lyla tov

Which 2 peulot that were most successful? Give reasons why!

1. Rosh Hashanah Yahadut, because they learned about jewish customs that take place out of camp and that we don’t normally discuss here. It was fun! it was a sensory activity and they painted!

2. Peulat Erev. The games were great, the campers were involved.

Which 2 program areas you could improve? How would you change them for next time?

1. Apples to Apples. Find a better way to explain the rules. More emphasis on decision making in a structured way.

2. Peulat Erev. More organized. Better prepare staff prior to the activity.