**Alternative T’filot Friday, July 14th 2017**

**Options**

Az Yashir and Leadership with Devorah Lowenstein *Café Ramah*

Look at different types of leadership as demonstrated by Moses and Miriam during Az Yashir. What type of leader do you want to be?

Minyan with Gabi Swagel *Moadon Bogrim*

Want your t’filot to be as similar to the traditional Machaneh Ramah t’filot as possible? Come to minyan with Gabi Swagel!

Musical T’filot with Elie Greenberg *Beit Knesset*

T’filot with as many songs and as much ruach as can fill the Beit K’nesset!

Niggunim and Meditation with Oren Kaunfer *Tzad Bet Agam*

Start your day with kavanah, mindfulness, and beauty.

Poetry and P’sukei with Elliot Goldberg *Tzad Bet Gazebo*

Experience p’sukei d’zimra as never before through the poetry of Yehuda Amichai.

Radical Amazement T’filot with Josh Kulp *Treehouse*

Explore passages from the works of Abraham Joshua Heschel, who believed that t’filot are our attempt to note what an amazing world we live in.

Stories We Pray with Jeff Arnowitz *Sif Basement*

Every t’filah has a story. Explore the stories in our t’filot with Jeff Arnowitz.

T’filot after 9:30 with Maddie Gelfand *Chorsha/ Hinuch Classroom*

Prayer doesn’t stop at aruchat boker. Explore the various ways t’filot manifest throughout our entire yom, shavua, and shanah.

T’filot Tutorial with Matan and Faythe *Old Chadar Ochel*

Want to get a taste of leading services, but aren’t sure where to start? Everybody gets a chance to practice leading in t’filot tutorial with Matan and Faythe!

Write Your Own T’filot with Sarah Kieval *Old Ohel*

Create new prayers with your own thoughts, feelings and words.

Yoga T’filot with Meghan Cum *Beit Am Bet*

Connect your davening with movements, breath, and intention. Come ready with a towel and clothes you can move around in.

You Be the Judge with Marcia Glickman *Beit Midrash*

Think and talk through the best way to act in various scenarios with Marcia Glickman.

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| **Option** | **Chanich Sign-Ups** |
| Az Yashir and Leadership (Café Ramah) |  |
| Minyan (Moadon Bogrim) |  |
| Musical T’filot (Beit Knesset) |  |
| Niggunim and Meditation (Tzad Bet Agam) |  |
| Poetry and P’sukei (Tzad Bet Gazebo) |  |
| Radical Amazement T’filot (Treehouse) |  |
| Stories We Pray (Sif Basement) |  |
| T’filot after 9:30 (Chorsha/ Hinuch Classroom) |  |
| T’filot Tutorial (Old Chadar Ochel) |  |
| Write Your Own T’filot (Old Ohel) |  |
| Yoga T’filot (Beit Am Bet) |  |
| You Be the Judge (Ivrit Classroom) |  |