**Alternative T’filot Friday, August 4th 2017**

Minyan with Rabbi Andy Shapiro Katz- *Moadon Bogrim*

Want your t’filot to be as similar to the traditional Ramah t’filot as possible? Come to minyan!

Poetry and P’sukei with Elliot Goldberg - *Tzad Bet Gazebo*

Experience p’sukei d’zimra as never before through the poetry of Yehuda Amichai.

T’fillin Workshop with Josh Kulp - *Moadon Machon*

Learn about the meaning behind why we wear t’fillin, and learn the correct way to put on t’fillin. Open to all genders, for regular t’fillin wearers or first-timers!

T’filot Tutorial with Ephraim Rosenberg - *Inside old Chadar*

Want to get a taste of leading services, but aren’t sure where to start? Everybody gets a chance to practice leading in this t’filot tutorial!

Yoga T’filot with Meghan Cum - *Beit Am Bet*

Connect your davening with movements, breath, and intention. Come ready with a towel and clothes you can move around in.

Musical T’filot with Akiva Harris- *Chorsha*

Explore the power of singing and music as a part of tefilot with Akiva!

Contemplative Service with Rabbi Andy Pepperstone- *Beit Midrash*

Find personal meaning in t’filot by singing niggunim and meditating.

Sports in Religion with Yoni Offit and Yoni Gelb - *Beit Knesset*

What do sports and religion have to do with one another? Come to the Beit Knesset to find out!

T’filot Riff-Off with Rabbi Ariella Rosen- *Old Ohel*

Sometimes the words in the siddur aren’t enough. Come and speak your mind and your heart using your own words!

Religion in Politics with Ethan Sorcher- *Sif Basement*

What role should religion play in politics? When should they be kept separate? Debate and explore with Ethan!

Women in T’filot and Judaism with Tali Glickman, Ellie Mendelson, and Zmira Stouber- *Tzad Bet Agam*

Explore how our t’filot have and have not been inclusive of women in the past and now, and get inspired by powerful Jewish women!

An Artistic Approach to T’filot with Rabbi Claudia Kreiman- *Ivrit Classrooms*

Draw and create with Rabbi Claudia, as you also sing and discuss what t’filot mean to you.

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| **Option** | **Chanich Sign-Ups** |
| Minyan with Rabbi Andy Shapiro Katz- *Moadon Bogrim* |  |
| Poetry and P’sukei with Elliot Goldberg - *Tzad Bet Gazebo* |  |
| T’fillin Workshop with Josh Kulp *- Moadon Machon* |  |
| T’filot Tutorial with Ephraim Rosenberg - *Inside old Chadar* |  |
| Yoga T’filot with Meghan - *Beit Am Bet* |  |
| Musical T’filot with Akiva Harris*- Chorsha* |  |
| Contemplative Service with Rabbi Andy Pepperstone*- Beit Midrash* |  |
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