

**Balak obstacle course**  
**Prepared by: Sarah Shmuel Ianne**

**Program Type:** Peulat Shabbat

**Approximate Duration of Program:** 50 mins

**Group Size:** Edah

**One Line Description:**

We will have an obstacle course representing bilaams journey

**Overall Goal/Themes:**

To teach about the parsha, sing, and have fun

**Methods Used:**

Obstacle courses with descriptions at each obstacle

**Supplies/Resources Needed:**

Benches

Hula hoops

String

Tape

Over under

**Ideal Location and Room Setup:**

Outside moadon

**Staff Preparation and Roles**

2 staff at each station reading descriptions and facilitating activity, some moving campers through lines

**Instructions for Running the Program**

Step 1: running on brooms

Step 2: over under benches

Step 3: jump through hoops

Step 4: jumping on ground

Step 5: spinning on bat

Step 6: singing ma tovu

**Additional Files**

Will give counsellors descriptions of each station to tell to campers