

Shoafim Peulat Shabbat 7/8

Parashat Balak

Theme: Freedom of Choice

Goal: to demonstrate how getting older and having a bar/bat mitzvah gives you the opportunity to make more choices independently, while also exposing them to the consequences of these choices

Plan: The edah will be divided into 7 groups, with one madrich/a per group. The group will go through the daily routine of a Shoafim camper, and with each item in the schedule there will be a scenario and the campers will be presented with three different options. The madrich/a should read them their choices and then the group should choose an option all together. Once they have decided, the madrich/a should read them the result of this choice, and also read the results of the other choices. The the madrich/a should talk with the group about whether or not this was the right choice to make.

Groups

Tal, Efrayim	Sarah Binney, Ido	Isaac, Haleli	Noah, Noam	Hani, Joel	Aviv, Olivia	Sarah Berman, Zev
Becca	Kayla	Joy	Gabby	Ariel Berk	Talia	Arianna
EmmaChaya	Abby	Molly	Sarah Porter	Sarah Eder	Naomi	Yael Fishman
Anya	Hannah	Ilana	Lily	Ella	Dahlia	Ainsley
Ellie Debb	Yael Margolis	Emma	Maya	Charlie	Tamar	Tovah
Ilan	Eli	Caleb	Levi	Avi	Gabe	Leo
Jacob	Jonah	Seth	Andrew	Aidan	Daniel	Max
	Elijah	Josh	Ariel P		Jonathan	Sam

ACTIVITY

Wake up

As you're getting dressed for the day, you notice that your friend puts on a really ugly outfit that does not match. Do you...

- Tell your friend that you think they should change their clothing

- b. Keep quiet, everyone has the right to wear whatever clothes they choose

Results:

- a. *After you confronted your friend about her clothing, she got really defensive and upset. Other girls in your tzrif saw that she was upset, and got mad at you for commenting about her clothing in the first place. You wish you hadn't said anything to your friend at all.*
- b. *A few minutes later you hear your friend talking positively about her outfit that she had been waiting to wear for so long. You're thankful that you didn't tell her to change, because you can tell she's really happy with what she's wearing and that's what is most important.*

Two of your friends decided to wear matching outfits today, and they invited you to join them. Some of your other friends, however, may feel left out if you join the matching outfit party. Do you...

- a. Decide to match with your two friends so that you can be part of the fun
- b. Tell your friends that you aren't going to match with them because you do not want to be exclusive

Results:

- a. *On the way to t'fillot, one of your friends starts crying because she was not invited to match with everyone and she feels excluded. You try to apologize to her, but it's hard for her to accept your apology because she knows that you intentionally decided to wear matching clothes, and obviously knew it was going to hurt some people's feelings.*
- b. *You tell your two friends who wanted to match that you think it would come off as exclusive if you all did it together, and they totally agree. They hadn't thought about it like that before, and they both decide to change so that no one is matching and no one is excluded.*

T'fillot

You are at t'fillot and your friend sitting next to you is using a fidget spinner that is really distracting you. Do you ...

- a. Ask your friend to stop playing with the fidget spinner so that you can concentrate during t'fillot
- b. Tell the madrich sitting next to you
- c. Don't speak up at all, and continue being distracted from davening

Results:

- a. *Your friend understands that the fidget spinner is distracting and apologizes. He plays with it more quietly so that it doesn't distract you, and encourages you to continue davening. You're happy because the conversation went well with your friend and now you can concentrate a little bit more.*

- b. *The madrich/a tells your friend to be quiet and takes away the fidget spinner after explaining that it was a distraction. Your friend is upset a little bit, but is compliant. Now both you and your friend can concentrate and meaningfully daven, so you're satisfied.*
- c. *Your friend continues playing with the fidget spinner, and the madrich/a next to you notices that it's a distraction to both of you. The madrich/a takes away the fidget spinner and your friend gets upset. You try to daven in silence now, but your friend is sitting next to you and is annoyed that he doesn't have his fidget spinner anymore.*

Aruchat Boker

You walk into the chadar and a member of your tzrif is sitting alone at the end of the table, but all of your other friends are sitting together. Do you...

- a. Go sit next to him and keep him company during the meal
- b. Sit with everyone at the other end of the table and leave him sitting by himself
- c. Sit with everyone but invite him to join!

Results:

- a. *The person who was sitting by himself is chatting happily with you and your friendship with him strengthens. You tell him that next meal he should join you and your friends and everyone can sit together.*
- b. *You are having a blast with your friends but the person sitting by himself is looking sad and lonely. You spend the whole meal feeling bad that you didn't decide to sit with him.*
- c. *The person sitting by himself is so happy that you invited him over to join the group. He has fun interacting with the bigger group of kids, and at the end of the meal thanks you for inviting him to sit with them.*

Nikayon

You make your way back to the bunk for Nikayon. Your madrich/a instructs you to clean the showers because that's your Nikayon job, but you really don't want to because the showers are disgusting. Do you ...

- a. Clean the showers like you were asked
- b. Sit on your bed instead of doing your nikayon job

Results:

- a. *You get the showers cleaned fairly quickly, and they look the best they have all kayitz! You're proud of yourself for completing your work, and your friends are happy because now they can all take a shower in a clean shower. Your madrich/a is really happy with you for completing your job too.*
- b. *The showers do not get cleaned, and your madrich/a is upset with you for not completing your job. Later in the day when it's time to shower, your friends all*

complain that the showers are gross and they blame you because they know that it was your job to clean them.

Chug Aleph

It is time for chug aleph. You are at tennis today and everyone has broken up into pairs to play their own matches on different tennis courts. While you are playing your match, you notice that one kid playing a match on the next court over is saying some not so nice things to the kid he is playing against. He is also using some inappropriate words. The tennis instructor does not notice any of this because he is all the way on the other side of the courts and is preoccupied with a few kids. You know you should probably tell him what is going on but you're pretty close friends with the kid who is cursing. Do you ...

- a. Go to the tennis instructor and let him know what's happening so he can stop it
- b. Ignore it

Results:

- a. *You tell the instructor that your friend was cursing and you ask to remain anonymous. He goes over to your friends and asks them politely to stop, and tells them that their language is inappropriate. They understand. You're glad you told the instructor because their language was making you uncomfortable, and your friends weren't mad at you because they didn't know that you told on them.*
- b. *You ignore their inappropriate language and continue on with the chug. Later in the tzrif, your friends continue making inappropriate remarks and it's making your really uncomfortable. You wish you had stopped it earlier.*

Agam

It's time for swim lessons, but you don't feel well. Your stomach has been hurting for a few hours and you don't feel like going to the marp. Do you ...

- a. Go to the marp so that you can feel better
- b. Tell your agam instructor and ask to sit out
- c. Keep it to yourself

Results:

- a. *The marp line is super short, and they're able to help you right away. You even have enough time to go back to agam perek and you feel so much better. You're happy that you decided to deal with the situation and take care of yourself.*
- b. *Your agam instructor reluctantly lets you sit out for the perek. After resting for awhile you feel better, but your madrich/a is upset when they hear that you sat out and didn't participate.*
- c. *Getting in the agam only makes you feel more and more sick. By the time that agam perek is over, you're so uncomfortable and you really wish you had taken action and went to the marp sooner.*

Aruchat Tzorayim

After eating your lunch, your counselor says that it's time to pass up but you really need to go to the bathroom. Do you ...

- a. Ask your madrich/a if you can go, aware of the risk that he/she will say no
- b. Go to the bathroom without asking because it's an emergency and you don't want your madrich/a to say no
- c. Wait until after the brachah is said, then go to the bathroom

Results:

- a. *Your madrich/a says that you need to wait until the end of the meal, but thanks you for asking first and assures you that you will be able to go after the meal is over.*
- b. *You get back from the bathroom and your madrich/a yells at you for leaving without asking. He/she did not know where you were and was very worried.*
- c. *You are able to wait until the end of the meal and then you go to the bathroom. You're happy that you didn't make a big deal about it, because it wasn't that hard to wait.*

Menucha

You're walking back to the tzrif from lunch and your friend says that she needs to stop by the marp to get her afternoon meds. You decide that you need to get some anti-itch cream for your mosquito bite. Do you ...

- a. Wait for your madrich/a to catch up and ask if it's okay to go
- b. Go straight to the marp, figuring that your madrich/a will probably say yes
- c. Ask your friend to pick you up some anti-itch cream when he/she goes to the marp while you walk back to the tzrif

Results:

- a. *Your madrich/a says that you can go and is happy that you asked. He/she says to go straight back to the bunk afterwards.*
- b. *You go to the marp without asking and then walk back to the tzrif with your friend. Your madrich/a is mad at you because you didn't ask, and they didn't know where you were.*
- c. *You walk back to the tzrif for menucha, figuring that getting anti-itch cream is probably not an emergency. You rest in the tzrif and your friend brings you back some anti-itch cream. You're happy that you came back because you definitely needed some time to rest.*

Tarbut Yisrael

You went to tarbut Israel and yay! You are making falafel! The falafel turned out to be amazing and delicious. From the corner of your eye you see your friend taking another piece of falafel from another bunk mate of yours. You know the piece is not his, and you know that the person that the piece of falafel was taken from will not have any falafel to eat. Do you ...

- a. Tell your friend that it is not ok to take the piece of falafel. He already had a piece of falafel and there will be not be falafel left for everyone else if he takes a second one.
- b. You tell your friend that it is not ok to take the falafel from your friend and that you are going tell on him to your madrich/a unless he gives you half of the piece.
- c. You say nothing and turn the other way.

Results:

- a. *Your friend understands the argument, puts the piece back and leaves. Everyone enjoys delicious falafel and no one is upset!*
- b. *You and your friend share the piece of falafel. It is delicious! But you see your friend disappointed that everyone got a piece except for him. You feel bad that you made your friend upset and it completely ruins your day.*
- c. *You haven't done anything wrong, you're not responsible for any hurt feelings but you see your friend upset that everyone got a piece except for him. You feel bad that your friend is unhappy and guilty that you could have done something about it.*

Chinuch

It's chinuch! Everyone is tired and impatient. During the lesson, they interfere with and are not respecting the teacher and are not following his orders despite his extreme efforts to focus the group and bring them to listen. Do you...

- a. Do as your friends are doing, interrupt the teacher, not listen, and instead hang out with friends and laugh with them.
- b. Tell your friends that it is very disrespectful to interrupt and not listen to the teacher, and that everyone together should be quiet and try to cooperate.
- c. Stay quiet and pay attention to the teacher, but do not correct your friends' behavior.

Results:

- a. *The Chinuch teacher is feeling upset that he worked hard on an activity and no one is cooperating. You feel bad because you took part in upsetting him/her. Later your madrich/a is angry with you for interrupting the teacher and not paying attention.*
- b. *Your friends are quiet, the teacher can continue the activity that he worked very hard on. You and your friends learn something new and the teacher is thrilled that everyone is enjoying and learning.*
- c. *Your friends keep disrupting the teacher, the teacher later feels bad and disappointed that he worked very hard on an activity and no one paid attention. Later your friends are in trouble for disrespecting the teacher, but you still feel bad that the teacher is feeling upset.*

Getting Ready for Shabbat

You didn't get to shower last night because there was a thunderstorm and now you feel sweaty and gross from running around all day. You really want to shower and get ready for Shabbat but there isn't a counselor in the tzrif yet. A couple of your friends are already inside getting into the shower and you know it's not allowed. Do you ...

- a. Decide to wait outside the tzrif until your madrich/a comes back
- b. Go inside the tzrif and shower also
- c. Go inside and tell your friends that they're not allowed to be in there, and then wait outside all together

Results:

- a. *Your madrich/a comes after 5 minutes and lets you go into the tzrif and start showering. He/she is glad that you waited.*
- b. *You go inside and your madrich/a comes in as you are getting in the shower. He/she is upset that you went in the tzrif, knowing that there wasn't a madrich/a there. You wish you had just waited outside on the swings -- it would've been a better use of time.*
- c. *You go inside to tell your friends to come outside. They don't want to but you know it's against the rules to be in the tzrif alone. They stay inside and you go outside to wait. Your madrich/a comes back 5 minutes later and thanks for you waiting and following the rules, despite the fact that your friends were already inside. Your friends get in trouble for being in the tzrif alone.*

Aruchat Erev

It's Friday night (Shabbat) and you're not in a good mood. The meal is over and Nivonim comes in to start leading shira. You don't really want to sing or get up from your seat but everyone around you is encouraging you to. Do you ...

- a. Find a friend to go outside with until shira is over because you're really not feeling it
- b. Disregard your bad mood and get up to sing and dance anyway
- c. Sit at the table quietly and patiently wait for shira to be over

Results:

- a. *You go outside with your friend and decide to sit in the gazebo until shira is over. After everyone comes out of the chadar, your friend tells you about how much fun it was. Now you're in an even worse mood because you feel like you missed out on the fun.*
- b. *You decide to get up and dance, and you actually end up having a lot of fun. Your bad mood soon goes away and you're happy you chose to sing and dance. You feel like the younger kids on Tzad Aleph are looking up to you and following your lead.*
- c. *You sit at the table quietly while all of your friends are dancing. A few of your friends and your madrichim motion for you to get up out of your seat. It looks like*

a lot of fun but you're just really not feeling it. You promise yourself that you will participate next time.

Harga'ah/Bedtime

You get back to the tzrif after dinner and you can't see anything. It's so dark in the tzrif and you can't find your pajamas or toiletries. You ask your madrichim if you can turn on the lights and they say no because it's against the rules at camp. Do you...

- a. Turn on the lights just for a second so that you can find what you need
- b. Try to find your stuff in the dark
- c. Use a flashlight in your own area so that you can locate your stuff

Results:

- a. *You turn on the lights in the entire tzrif and your madrichim yell at you to turn it off. They already told you that it wasn't allowed and they're disappointed that you didn't listen. Now you're in a bad mood because you got yelled at and you didn't even have enough time to find your stuff.*
- b. *At first you can't really find anything, but the light in the bathroom is on so you open the bathroom door all the way so that there's enough light to see some of your clothes. After a few minutes, you're able to find everything you need. You're glad you didn't turn on the lights.*
- c. *You shine your flashlight on your shelves and you're able to find everything easily. The light in the bathroom is on, so you're able to find all of your toiletries. You're glad you didn't turn on the lights.*