Specific t’fillah focus: Baruch she’amar – words that have impacted you

T’fillah 7/17: Write up

**Madrich frame the conversation:**

Baruch sheamar- were starting the official psukei d’zimra- we are warming up!It is always fascinating that one of the first tefillot we say is recognizing that God created the world with words (“baruch sheamar v’haya olam”)- when we say this prayer let’s think about the power of words to create… and destroy.. Especially with our relationships with each other.

1. When have there been words you heard that have impacted you (both positive or negative)?
2. What have been times in your life that the words you use have made an impact on another person?
3. In current events and in the news today we see a lot of different situations that words have an impact, what are some of these situations? Do you feel that using words (i.e. peaceful protests, lobbying, etc.) are effective way in creating change?
4. When are times that your words are sufficient to create impact and is it important to take action? (Think of the saying, “easier said than done?”)
5. Do you think words have more, the same, or less impact than taking action?

T’fillot to do:

* Birkot hashachar
* Baruch sheamar
* Barchu
* Shema
* Amidah
* Aleinu

\*\* If there is time have them write letters of appreciation to Kitchen Crew, people who work in the marp, misrad, etc…