**Monday July 9 Nivonim Bonding Peulah**

**Goals:**

* Creating a space where people feel comfortable to share
* Insecurities:
  + What they are and how they affect them at camp and in this edah
  + Help them understand that they are not the only ones thinking and feeling what they are right now
  + Think about this edah and what it means to them
* What is it mean to find your place in the edah
* Get chanichim thinking about how they can transcend their past friend-groups and become more cohesive as banim/banot

**Time table (begin at 8:30 in Chorshah, tell them to get their clipboards):**

**0:00 - 15:00 -> explaining draft, reading pairs, doing draft**

**15:00 - 25:00 -> create identity of person**

**25:00 - 35:00 -> get into groups of 4 and answer those questions**

**35:00 - 50:00 -> group of 8 discussion**

**50:00 - 55:00 -> talk about what you discussed in smaller groups, what are your wishes for this edah (put on index cards)**

**55:00 -65:00 -> spell NIV with their bodies, Aryeh talk about place in the edah etc.**

Draft:

* Read off of the pairs. pick partners name out of a hat. List of items on a whiteboard. 15 seconds on the clock you have to decide which item you want. When an item is called, dramatically cross the the item off of the list.

Sports:

* Basketball (binyan)
* Soccer ball (Binyan)
* Softball (binyan)
* Football (binyan)
* Volleyball (orli)
* Frisbee Disc (binyan)
* Tennis Racquet (eli)
* Running Shoes (eli)
* Dumbbell (BAG)

Art:

* Paintbrush (omanut)
* Sheet music (Ben D)
* Ukulele (Yoni G)
* Keyboard (binyan)
* Hamilton T-shirt (TBG)
* Microphone (tech)
* Timbrel (moadon)

Academic:

* Book (eli)
* Biology Textbook (sif)
* Siddur (moadon)
* Crossword puzzle (sif?)
* Dictionary (sif)
* Have a list of Identity questions that the pairs have to answer (ie: name, favorite color etc.). Chanichim have to create the personality of their person based off of the item they get.
  + Name:
  + Hometown
  + Favorite subject in school:
  + Extracurricular activities:
  + Biggest personality strength:
  + Biggest personality weakness:
  + Favorite Movie/TV show:
  + Situation where they feel most comfortable:
  + Situation where they feel most uncomfortable:
* Pairs are matched up with a different to sit down with and go through the identity of their person and then answer questions
  + How do you think this person is feeling/ acting during the situations where they are uncomfortable?
  + Why do you think they might be feeling that way?
  + What insecurities does this person have and how is it showing?
  + Can you think of a time where you were in an uncomfortable situation? How did you react?
* Chanchim will then get into 5 discussion groups where the facilitator will go over the same/similar questions and open it up for the group to talk
  + How did discussing your person make you feel?
  + What did creating your person make you think about?
  + When is a time you have felt uncomfortable in a similar way to the person you made?
  + At camp, what is the thing you worry about the most?
  + What do you sometimes do that you’re not proud of when you’re feeling insecure?
* The edah is then brought back together, a circle is formed
  + People can share what they talked about in their smaller groups
  + What are wishes you have for the edah (write them down on index card), What do you think your place is in the edah?
  + Spell out NIV with their bodies, as everyone is important in the spelling of NIV - you are all important and integral to this edah, speech about role of everyone in this edah
  + Take pic
* End with rad hayom / free time

Need to do:

* Create pairs/groups

· **Identity Questions**

Answer these questions based on the item that you

Remember:

1. Think these answers through
2. Come up with realistic answers
3. You get out what you put in

Questions:

Name:

Hometown:

Favorite subject in school:

Extracurricular activities:

Biggest personality strength:

Biggest personality weakness:

Favorite Movie/TV show:

Situation where they feel most comfortable:

Situation where they feel most uncomfortable:

In groups of 4 go through these questions:

How do you think this person is feeling/ acting during the situations where they are uncomfortable?

Why do you think they might be feeling that way?

What insecurities does this person have and how is it showing?

Can you think of a time where you were in an uncomfortable situation? How did you react?