

Peulat Shabbat
June 29th

Theme: Birth

Song: Circle of Life

Start off all together. Va'adot Play/Peulat Shabbat from Machon and Amitzim will introduce and explain how Peulat Shabbat will be working every week.

Part 1: Names (10 minutes)

Each person will partner up with someone next to them, and they'll discuss where their name comes from. They can also choose to say something special/that they like about their name.

Part 2: Split Time (20 minutes) - split up by the assigned groups, which are divided by edah.

Group 1 - Batya, Scott, Sharon, Brenda

Group 2 - Jeff, Briana, Tahel, Roi

Group 3 - Adie, Ziv, Naomi, Tziyon

Group 4 - Jennifer, Kfi, Ellie, Ben

Group 5 - Karen, Yarden, Zack

In this week's parsha, Pinchas, different groups of the Israelites are counted. One of these groups is the Levites/Levi'im, whose status comes from their lineage. Present this to the group, and discuss how they feel about the fact that the Levi'im are born into their status. Many of us have been brought up in the Jewish religion and tradition, but people who weren't can also commit themselves to it and include themselves in the promises that go along with Jewish upbringing.

Discussion Questions:

1. Do you feel like you were born into Judaism?
2. Do you feel like you took on Judaism?
3. Is it possible to feel both? Why?
4. What else do you think you can be born into (aside from religion)?
5. Do you feel that it's possible to truly leave the things you've been born into? Why?

Part 3: Regroup (10 minutes)

A few groups share what they discussed. Then we teach Galgal HaChayim (Circle of Life) to everyone together.