

Peulat Shabbat
Parshat Ekev

Theme: Finding the Good around you/Being Thankful

Goals:

1. To introduce the topic of HaKarat HaTov seen in Parshat Ekev
2. To understand how thanking others can benefit you for the future
3. To help kids practice focusing on what they are grateful for

Group Leaders:

1. Shula
2. Sam
3. Dvir
4. Jay
5. Michal
6. Alizah
7. Sally
8. Eric

Outline:

1. The whole edah will meet on the mirpeset where every camper will be handed a piece of candy/snack by a madrich. The point of handing out this treat is to see if anyone will respond by saying thank you.
2. Once everyone has gotten snack we will divide into pre-assigned small groups of 5-6 campers.

Activities:

1. The Best Thing

Kids have thirty seconds to complete the phrase “the best thing about _____ is.” In order to move on to the next person every camper must also explain why they are grateful for it. Before every round, the counselor with the group must announce the word before the first kid starts.

List of best things:

- Family
- Friends
- Camp
- School
- Being Jewish
- Shabbos
- Helping Others
- Counselors
- Giving Tzadaka
- Teachers
- Technology
- Your Home
- Yourself

2. Pick Someone Who....

Everyone closes their eyes and the madrich chooses three people to stand up and pick someone who:

- Made you feel good this week
- You met for the first time
- You want to get to know more
- Helped you get somewhere when you were lost going to an activity
- You know you can rely on
- Deserves to be recognized for something they did good this week
- You are hesitant to get to know but want to be friends at the end of the summer
- Has taught you a new lesson

***It is important that everyone in the group be picked at least once by those who are standing up.**

****Please make sure to change pickers after every turn. We want to make sure everyone in the group has a chance to point someone out.**

Discussion Questions:

After the group has finished both activities and if there is time leftover use it to discuss the theme of being thankful.

Prompts-

- What does the word thankful mean to you?
- Why should we be thankful when others do good things?
- How can you show that you are thankful for others?
- Another word that is used to mean thankful is grateful. Grateful or thankful is the feeling we get when something good happens to us. Many of us feel grateful for family, friends, or their pets. Can you think of a time when you were felt grateful?