

Intro:

Parshat Eikev reiterates the promises that God made to the people of Israel and the promises the people made to God. It talks about the punishments and consequences if those rules are not followed.

Does anyone know what manna is?

Manna is what God gave to the people of Israel after subjecting them to the "hardship of hunger." It fed them and kept them satiated.

Many people in the world are still hungry. 1 billion of 2.2 billion children on the planet are living in poverty, severely deprived of adequate food, drinking water, decent sanitation facilities, health, shelter, and education. While most of us have never experienced the type of hunger or thirst these people experience, it is important to understand the supply and circulation of food on this planet.

Each of you will be assigned a role as a member of the high, middle, or low income classes and attempt to experience the unequal distribution of food throughout the world.

Give out classes and distribute food

Group sitting on chairs at the table with choices of bright sugar cereal:

You are fortunate enough to be a member of the high class. You are the 15% of the world that can afford to live comfortably with luxuries others can simply not afford. You have plenty of food to eat every day and can maintain a well-balanced and nutritious diet. You have access to health care, adequate sanitation, and clean water. You can afford to be educated beyond a high school level and have the money for vacations and luxuries, like a TV, computer, and camp every summer. You can afford everything you need.

Group on benches with cheerios and _____:

You are a member of the middle class. You represent the 30% of the world that have access to most of the necessities in life, but constantly worry about money. Today, you can afford enough food to eat and send your children to school. Tomorrow could change instantly. A big storm, a fire, an illness or injury could drastically affect your ability to survive. You can dream of better things for your children, but for now you remain in your minimum wage job and hope for the best.

Group sitting on the floor and eating one box of Raisin Bran:

You are a member of the low income class. You are the 55% of the world living on less than 2\$ a day. You frequently go hungry, sometimes without food for days. You often get sick because of unsanitary water. You hardly ever get the correct nutrients and vitamins your body requires. You travel from shelter to shelter, and struggle to find a place to stay protected from the elements. School is a luxury you cannot afford because your children must work to support the family. Many of you die young because of insufficient health care and preventable causes. Your children may never go to school or move on to better things, you dream of them reaching their 5th birthday.

Talk in these groups for __ 5-10 minutes __

Split into discussion groups

1. In this weeks Parsha, Eikev, God gives manna to the people to keep them from being hungry. God also tells the people that they cannot live on bread alone. How does our Hunger Banquet relate to Eikev?
2. How did you feel during the banquet because of what group you were in? How did it feel to see your friends having more or less than you did?
3. ~~Was there enough food for everyone at the Hunger Banquet if the separate groups did not exist? Think about our erger psalet and how much food we waste at camp.~~ Is there enough food in the world for everybody who is hungry?
4. In Birkat Ha'mazon we read the line go to text, which translates to "I have been young and I have been old; yet I have never seen a righteous man whose children are begging for food." How does this challenge what we have learned today in our Hunger Banquet?
5. Do you think the high income group is obligated to help the lower group? Are we obligated Jewishly? If not, who is obligated? If so, what are those obligations?
6. What can we do to ease hunger? What are some Jewish responses to hunger?

Talk in these groups for 15-20 minutes.

3. There is enough food in the world for everyone who is hungry. so why do people still go hungry? Think of our erger psalet & how much food we waste at camp.

Peulat Shabbat Eiker

Hunger Banquet:

group 1
group 2
group 3
group 4
group 5
group 6

High Income Class: Rutie, Veronica, Han, Coabe, Tali
Nate

Middle Income Class: Kitty, Hadas A., Sarah, Vered,
Tori, Alexa; Hannah B., Sole,
Hadas, Jonah, Jared, Gavi,
Eli, Ari

Low Income Class: Hila, Samantha, Netania,
Jusmin, Ariana, Miriam, Anelle
Spitzer, Anelle Siegel, Hadas S.,
Rebecca, Hannah W., Talia F.,
Sarina, Suzanne, Zmira, Leora, Ian,
Itamar, Gideon, Isaac, David,
Hayden, Ezra, Gathan, Silas,
Ben, Sam, Yoni, Avichai, Yudin
Ephraim, Hillel

Salomon

Group 1

Rutie
Jonah
Leora
Hayden
Anelle Siegel

Group 2

Veronica
Kitty
Zmira
Itamar
Anelle Spitzer

Group 3

Han
Alexa
David
Sarina
Gideon

Group 4

Gabe
Hannah B.
Ari R.
Yoni
Avichai

Group 5

Nate
Jacob
Samantha
Hadas S.
Ben

Group 6

Tali
Jared
Netania
Hannah W.
Silas

with Steven
Sarah

with Alex

with Ben
Rebecca

with Hana

with Shana

them and for us, leading to enduring
grace from the Lord, lovingkindness
May we find grace and good favor

of true Shabbat rest, reflecting the life

month for goodness and for blessing.

that is wholly good.

of King David.

for goodness and for blessing.

of the Messianic era and life in
ance to His King, lovingkindness
and descendants forevermore. May
e bring peace to us and to all the
n.

for those who revere Him know
ion, but those who seek the Lord
the Lord, for He is good; His love
and satisfies every living thing
rust in the Lord, whose trust the
I am old; yet I have not seen the
en were begging for bread. May
may the Lord bless His people

kh et amo va-shalom.

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ALS

בְּמָרוֹם יִלְמְדוּ עֲלֵיהֶם וְעַלֵּינוּ זְכוֹת, שְׁתֵּהָא לְמִשְׁמַרְתָּ שְׁלוֹם.
וְנִשְׂא בְרָכָה מֵאֵת יְהוָה, וְצִדְקָה מֵאֱלֹהֵי יִשְׂרָאֵל, וְנִמְצָא חַן
וְשָׂכָל טוֹב בְּעֵינֵי אֱלֹהִים וְאָדָם.

On Shabbat:

הַרְחֵמֵנוּ, הוּא יִנְחִילֵנוּ יוֹם שְׁכָלוֹ שֶׁבַת וּמְנוּחָה לְחַיֵּי הָעוֹלָמִים.

On Rosh Hodesh:

הַרְחֵמֵנוּ, הוּא יַחְדָּשׁ עֲלֵינוּ אֶת־הַחֹדֶשׁ הַזֶּה לְטוֹבָה וּלְבְרָכָה.

On Festivals:

הַרְחֵמֵנוּ, הוּא יִנְחִילֵנוּ יוֹם שְׁכָלוֹ טוֹב.

On Sukkot:

הַרְחֵמֵנוּ הוּא יָקִים לָנוּ אֶת סִבַּת דָּוִד הַנוֹפְלֹת.

On Rosh Hashanah:

הַרְחֵמֵנוּ, הוּא יַחְדָּשׁ עֲלֵינוּ אֶת־הַשָּׁנָה הַזֹּאת לְטוֹבָה וּלְבְרָכָה.

On Shabbat, Festivals, Hol Ha-mo'ed, and Rosh
Hodesh, and other special festive occasions,
substitute the word in parentheses for the word
which precedes it

הַרְחֵמֵנוּ, הוּא יִזְכֵּנוּ לִיְמֹת הַמְּשִׁיחַ וְלְחַיֵּי הָעוֹלָם הַבָּא. מְגִדִיל
(מְגִדוֹל) יְשׁוּעוֹת מִלְכוֹ וְעֵשָׂה חֶסֶד לְמִשְׁיחוֹ, לְדוֹר וּלְדוֹר עַד
עוֹלָם. עֵשָׂה שְׁלוֹם בְּמָרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ וְעַל
כָּל־יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.

יִרְאוּ אֶת־יְהוָה קְדוֹשֵׁיו, כִּי אֵין מַחְסוֹר לִירְאָיו. בְּפִירִים רָשׁוּ
וְרָעְבוּ, וְדוֹרְשֵׁי יְהוָה לֹא יִחְסְרוּ כָּל־טוֹב. הוּדוּ לִיהוָה כִּי
טוֹב, כִּי לְעוֹלָם חֶסְדּוֹ. פוֹתַח אֶת יַדְּךָ, וּמִשְׁבִּיעַ לְכָל־חַי רִצּוֹן.
בְּרוּךְ הַגִּבּוֹר אֲשֶׁר יִבְטַח בִּיהוָה, וְהָיָה יְהוָה מְבֹטָחוֹ. **נְעַר**
הַיְיָתִי, גַּם זְקֻנָתִי, וְלֹא רְאִיתִי צָדִיק נֶעְזֵב וְזָרְעוֹ מִבִּקְשׁ לֶחֶם. **נְעַר**
יְהוָה עוֹז לְעַמּוֹ יִתֵּן, יְהוָה יְבָרֵךְ אֶת־עַמּוֹ בְּשְׁלוֹם.

After a wedding meal, continue on page 772

May grace be invoked on high for them and for us, leading to enduring peace. May we receive blessings from the Lord, lovingkindness from the God of our deliverance. May we find grace and good favor before both God and mortals.

On Shabbat:

May the Merciful grant us a day of true Shabbat rest, reflecting the life of eternity.

On Rosh Hodesh:

May the Merciful renew this month for goodness and for blessing.

On Festivals:

May the Merciful grant us a day that is wholly good.

On Sukkot:

May the Merciful restore the glory of King David.

On Rosh Hashanah:

May the Merciful renew this year for goodness and for blessing.

May the Merciful consider us worthy of the Messianic era and life in the world to come. He gives deliverance to His King, lovingkindness to His anointed, to David and to his descendants forevermore. May He who brings peace to His universe bring peace to us and to all the people Israel. And let us say: Amen.

Revere the Lord, you His holy ones, for those who revere Him know no want. Scoffers may suffer starvation, but those who seek the Lord shall not lack any good thing. Praise the Lord, for He is good; His love endures forever. He opens His hand and satisfies every living thing with favor. Blessed are those who trust in the Lord, whose trust the Lord is. I have been young and now I am old; yet I have not seen the righteous so forsaken that his children were begging for bread. May the Lord grant His people strength; may the Lord bless His people with peace.

Adonai oz l'amo yiten, Adonai y'varekh et amo va-shalom.

After a wedding meal, continue on page 773

שְׁתֵּהא לְמִשְׁמֶרֶת שְׁלוֹם.
וְאַל־הִי יִשְׁעֵנוּ, וְנִמְצָא חַן

וּמְנוּחָה לְחַיֵּי הָעוֹלָמִים.

וְהִזָּה לְטוֹבָה וְלִבְרָכָה.

זְנוּפֶלֶת.

הַזֹּאת לְטוֹבָה וְלִבְרָכָה.

On
H.

וְלַחַיֵּי הָעוֹלָם הַבָּא. מִגְדִּיל
לְמִשְׁיָחוֹ, לְדָוִד וּלְזֶרְעוֹ עַד
וְיַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל

זֶסוֹר לִירְאָיו. בְּפִירִים רָשׁוּ
כָּל-טוֹב. הוֹדוּ לַיהוָה כִּי
רָה, וּמִשְׁבִּיעַ לְכָל-חַי רִצּוֹן.
וְהִזָּה יֵהוּה מִבְּטָחוֹ. נֶעַר
ק נֶעֱזֹב וְזֶרְעוֹ מִבְּקֶשׁ לָחֵם.
אֶת-עַמּוֹ בְּשְׁלוֹם.