

## Opening Program-

### **Purpose**

This is a three stage program meant to break the ice, begin to form some bunk unity, give the campers some clarity on their goals, and be fun.

**Materials:** moadon, butcher paper/canvas, paint, paint brushes, something to go under the paint.

**Stage 1: Milling-** campers were asked to mill about at steadily increasing and then decreasing speeds numbers 1-5.

The leader would be saying roughly this

Our first task is to get to know each other. We are going to do this by milling about and greeting each other, but we are going to do it at different speeds numbered one through five. At speed one you should be able to say hello and ask how someone is doing or for their name. by speed five you should barely have time for eye contact.

Then the leader would call out these numbers increasing and then decreasing.

As we finish with one the group should split by bunk and sit in circles throughout the moadon.

### **Stage 2: jamming<sup>1</sup>**

The leader should begin by giving a beat of some kind. Then each bunk has a short period of time to come up with a movement and a sound to go along with this beat.

When this is done each group presents their sound and noise then the group leader begins with his/her beat and points to one group at a time till the every bunk is participating and the he or she points again for each group to stop as the room gets quiet.

### **Stage 3: goals**

Now each bunks sits in a circle. They go around one a time share their goal with the group then come to the center of the room. In the center of the room is a large canvas or a long strip of butcher paper and some paint and paint brushes. As each camper comes to the middle he or she grabs a paint brush and paints some drawing the represents their goals or hopes for the summer. At the end you should have a nice collage of goals to hang in the moadon.

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<sup>1</sup> Sorry josh no actual jam is involved