Place

Indoors

Players

32 to 60

Time

10 to 15 Minutes

Energy Maximum

## 4-Way Balloon Bust Up

This game may look like a free-for-all, but there's a lot of team strategy going on. (And a lot of fun to be had!)

## **EQUIPMENT**

- 9" balloons, inflated, of 4 different colors, so each person has one
- 4 very large trash bags
- · Masking tape to mark team end lines

## **FORMATION**

Divide your group into four even teams, and assemble them in a large square, one team per side. (Consider playing the *Balloon Blow Up* game, page 121, to inflate the balloons.) Each team should select one player to act as goalie, who is given a trash bag.

## TO PLAY

All players place their balloons in the center of the square. Mix them up, so there is an even distribution of colors. Each team has a two-purpose goal: to preserve as many of their color balloons as possible, while trying to eliminate as many opposition balloons as they can. To preserve their own balloons, players move their balloons soccer style (no hands or arms) to their team's goalie. The goalie may use her hands to pick up balloons and place them in the trash bag, but she must stay in the center of her team's end line. Eliminating opposition balloons is done by stomping them.

When all the inflated balloons have been removed from the center of the square, round 1 is over. Each goalie counts how many of her team's balloons remain, as she returns them from her bag to the play area in the center of the square. A team must have at least one balloon still inflated in order to move on to the next round. Rounds continue until only one team remains with an inflated balloon.