

Human Twister

Place Indoors
Players 15 to 30
Time 5 Minutes
Energy Minimal

This game was a spontaneous creation by a couple of fun-loving students in response to the directive: here are some everyday supplies, make up something fun to do with them. This is the ditty they came up with. We enjoyed getting tangled up in it, and I think you will, too!

EQUIPMENT

- Colored slips of paper (3 x 5 card size)
- Masking tape

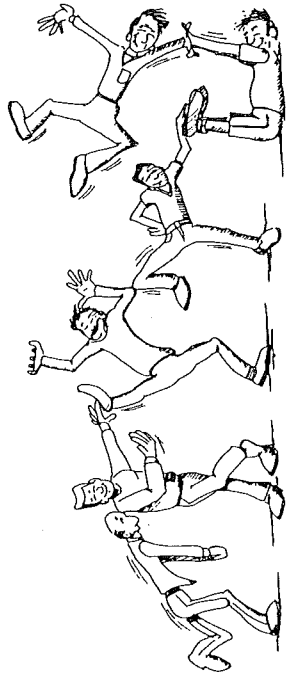
PREPARATION

Before your group arrives, cut paper of 4 or 5 different colors into rectangles or shapes of approximately 3" x 5" size. You will need enough paper cards for each participant to receive two cards from the total number cut.

TO PLAY

As people arrive, give them each 2 different colored cards, and 2 strips of masking tape. Ask them to tape the cards to two places on their bodies. (For example, their left shoulder and their right knee.) When everyone has taped on the cards, challenge the group to line up, matching (and touching) their cards to someone else's of the same color.

The resulting effect may be quite humorous, as one person tries to link his left elbow with another person's right ankle, at the same time he's trying to press his right ear to a third person's left shoulder! Have the group maintain contact long enough for you to snap a picture of the twisted, tangled appendage pile. "Everyone smile!"



Group Juggling

Place Indoors/Outdoors
Players 10 to 35
Time 5 Minutes
Energy Minimal

Group juggling is not as strenuous or as dangerous as the title may lead you to believe! Actually, the balls are what get juggled, and the group cooperatively does the juggling. Now that that's cleared up, on with the game!

EQUIPMENT

- Several tennis balls

FORMATION

Ask the group to stand in a circle, arm's-length apart, with their own hands held together in front of them.

TO PLAY

The leader begins with a ball, calls someone's name, then tosses the ball to him. That person catches the ball, and then selects someone on the other side of the circle to toss it to. If he doesn't know her name, he may ask, of course, and then toss the ball on to her. Once he has tossed the ball onto someone, the thrower puts his hands behind his back. This lets other tossers know that he has already been part of the juggling sequence, and that they should select someone else to receive their job. When everyone has received the ball from someone else, it is passed back to the leader. (NOTE: Each person needs to remember who tossed the ball to them, and to whom they passed to ball along to, as this sequence is what makes group juggling work! The leader then reinitiates the group juggling sequence, and the same pattern of tosses continues. As the group becomes more confident in their ability to smoothly send the sphere about the circle, add a second ball. And a third. And a fourth!?! Your group will be pleased (and maybe a little surprised!) at how well they can collectively keep these spheres aloft!