

Peulat Shabbat 6/28/14

Theme: leadership

Parsha: Chukat

Goal: to expose to campers the qualities of a good leader through activities that demonstrate one quality, followed by group discussions. There will be 5 different stations, each with 2 counselors to run them. The campers will be rotating through the 5 stations and there will be approximately 7 mins to complete each station. You should allow 4 mins for the activity, followed by 3 mins for the discussion. One counselor will be assigned to run each station and one counselor will be assigned to each group of campers.

1) **Patience** (Beit Am Aleph): Aliza

The campers must sit/stand in a circle and attempt to count to 10 in Hebrew without anyone speaking over someone else. Each camper can only speak once. If 2 campers talk over each other, they must start over again from 0. (If 10 is too high of a goal, then start off at 5). If there is time left over, you can do another activity where campers all get in a circle each facing the outside of the circle. The goal is for all the campers to jump up at once without talking.

After the activity, the counselors will lead a discussion using the following questions:

1. What quality of leadership do you think this activity represents?
2. Did you find this activity to be difficult? If so, why?
3. Why do you think this quality is important to have as a leader?
4. If a leader does not have this quality, what would be the negative impacts?

2) **Communication** (Moadon): Erin

This activity will be similar the shoe stacking game that we did during staff week. The campers will stand in a circle and there will be 10 cups in the middle of the circle. The counselor passes one instruction to 1 side of the circle saying to form the cups into the shape of a *square*. For the other side of the circle, tell them to form the cups into the shape of a *circle*. Tell the campers that they will have 2 mins to complete the activity.

After the activity, the counselors will lead a discussion using the following questions:

1. What quality of leadership do you think this activity represents?
2. Did you find this activity to be difficult? If so, why?
3. Why do you think this quality is important to have as a leader?
4. If a leader does not have this quality, what would be the negative impacts?

3) **Teamwork** (Upper Migrash): Ben

The campers will have a rock-paper-scissors tournament. The campers will start off in pairs and will play one round of rock-paper-scissors (in hebrew: even niyar vimisparayim) (best 2 out of 3). The loser of each match must follow around the winner cheering him/her on as he/she competes with the other winners. Everyone who loses will cheer on the person who they lost to, or the person who beat the person who they lost to. Eventually, there will be one winner.

After the activity, the counselors will lead a discussion using the following questions:

1. What quality of leadership do you think this activity represents?
2. Did you find this activity to be difficult? If so, why?
3. Why do you think this quality is important to have as a leader?
4. If a leader does not have this quality, what would be the negative impacts?

4) Confidence (Moadon): Avicii

The campers will be playing heads up using index cards. There will be a set of notecards with famous leaders on them and one camper will hold the notecard on their forehead. The rest of the circle must describe the notecard to the person with the card on their head, who must guess what the card says. If it is a song, the campers should sing the song to the guesser. The counselor should make sure that the guesser does not look at the card before placing it on their forehead.

After the activity, the counselors will lead a discussion using the following questions:

1. What quality of leadership do you think this activity represents?
2. How did you feel when you were not confident in your guess? (directed toward the kid/s that had the cards on his/her head)
3. Why do you think this quality is important to have as a leader?
4. If a leader does not have this quality, what would be the negative impacts?

5) Trust (Upper Migrash): Reut

Separate the campers into pairs. One will be blindfolded and the other will guide the other one around an area of the migrash. The guiding camper is not allowed to touch the blindfolded camper, but they are allowed to give directions. The goal is for the blindfolded camper to trust the person who is guiding them to guide them safely.

After the activity, the counselors will lead a discussion using the following questions:

1. What quality of leadership do you think this activity represents?
2. Did you find this activity to be difficult? If so, why?
3. Why do you think this quality is important to have as a leader?
4. If a leader does not have this quality, what would be the negative impacts?