Shoafim-Kick Off

**Shoband**

**Activity Type:** Peulat Erev

**Duration:** 45 minutes

**Group Size:** Edah

**Description:** The edah will kick off the summer by learning about the skills needed to be in Shoafim and upon completion of a series of tasks, will result in the creation of a unified edah *bracelet (change word, make more gender neutral)*.

**Overall Goal/Theme:** Getting to know each other and the expectation level of being in Shoafim.

**Methods Used:** Different stations of games that will each teach a different theme. Chanichim will travel throughout the stations by tzrif, but the opening and closing activity will be with the entire edah.

**Supplies/Resources Needed:**

1. Beach Ball (keep it up)
2. 5 different colored beads (enough for all chanichim to have 1 of each color)
3. String that is cut roughly to the size of *bracelet/anklet (change word, make more gender neutral)* and already tied with a knot at the end
4. Cups (tower building)

**Educational Content:** Icebreakers, the skills that will help create a successful summer, and edah unification

**Tzevet Roles:** Each station will be run by 1 tzevet member from each tzrif. The other tzevet members will travel with their tzrif as the chanichim complete the tasks. Tzevet will also be responsible for their introduction which will be the first task, upon completion of this the string will be given out. Tzevet will also assist in teaching the chorus of the edah song at the end which will complete the peula. Sarah Berman will be the floater.

**Ideal Location/ Room setup:**

Enthusiasm: on Beit am Aleph stage

Teamwork: Beit am Aleph main floor

Lead by Example: Migrash in front of Beit am Aleph

Responsibility: Mirpeset

Trust: Mirpeset

**Instructions for Running the Program:**

Sarah Berman will explain the activity enthusiastically to the edah and then will announce/explain the first task which is that Claire will point to a tzevet member and the edah will yell out the name of this tzevet member. Claire will vary her speed and who she points at to make it funny and engaging. When Claire thinks that the chanichim have successfully completed the task of learning the tzevet names, a madrich from each tzrif will pass out the string to their chanichim. Then each Tzrif will be instructed to go to a designated station where they will have five minutes at each station with two minutes in between for travelling/explanation of the next task. At the end, the edah will come together and learn the chorus of the Shoafim song which will result in the completion of the peula.

Stations:

Enthusiasm: with Claire on the Beit am Aleph Stage

Bumpity Bump Bump Bump

Say something like this before starting the activity: In order to be the edah with the most ruach, as Shoafim we need to have enthusiasm for everything we do this kayitz whether it be passing up after a meal or Yom Sport.

1. Arrange all of the chanichim in a circle. Go around the circle twice for everyone to just say their names.
2. Once the names are known, the person in the middle goes up to a player and says “(name), bumpity bump bump bump.” That person then has to say the names of the people sitting on either side of them before the person in the middle finishes saying “bumpity bump bump bump.”

**TWIST:** At any time, Claire can yell out “bumpity bump bump bump” and everyone has to find a new spot on the circle.

Teamwork: with Miriam on the Beit am Aleph main floor

Keep it Up

Say something like this before starting the activity: Right now Shoafim is filled with new friends and old faces, we need to all come together and grow as one edah.

Chanichim will be given a beach ball and told to keep it up for as long as possible without the same chanich touching the ball more than once in a row.

**TWIST:** At anytime Miriam can introduce new rules as he/she sees fit, such as only using only one finger, only heads, only feet, etc.

Trust: with Hani on the Mirpeset

Willow in the Wind

Say something like this before starting the activity: In Shoafim we all have each others back and can trust anyone in this edah. This activity will show how we also literally have each other’s backs.

1. Chanichim will stand in a circle with one person in the middle. They will cross their arms, close their eyes, and stand very stiff.
2. The chanichim in the circle will hold up their hands in a spotter like position as they hover closely to the one in the middle.
3. The one in the middle will relax as they are passed around by those in the circle.
4. After a few passes, the one in the middle will switch with someone in the circle and the process will be repeated.

Responsibility with Isaac on the Mirpeset

Say something like this before starting the activity: Being in Shoafim brings many more exciting responsibilities that you will all find out about throughout the summer and this activity will get you all ready for that.

1. Chanichim must temporarily hand in all watches and other timekeeping devices
2. Chanichim will be told to build the tallest possible structure in 3 minutes and that they must be back at the starting point by the end of the allotted time. They are not be able to keep time and no time warnings will be given.
3. The team with the tallest structure at the end of the time limit wins, being back after the time limit expires is immediate disqualification of that team's structure.

Lead by Example: with Noah on the Migrash in front of the Beit am Aleph

Say something like this before starting the activity: As the leaders of Tzad Aleph, the younger chanichim are watching you even if you do not notice. This activity will help us see how Shoafim leads by example.

Chanichim will play Guess who