

Lamed Vavnik Peulat Shabbat

Goals:

- Explain the concept of Lamed Vavnikim.
- Have a calm, bonding activity that makes each chanich feel valued and good about themselves.
- Have an active peulah that lets them get their yayas out.

Supplies:

- 36 paper hearts with kind words on them

Instructions:

1. Story Time (5 minutes)
 - There is a Kabbalah tradition that there are 36 people on the planet at all times who hold and harmonize the world.
 - They take the melees and the maelstrom, persecutions and the disasters of the world onto their own shoulders — past, present and future — throughout their flesh, physical incarnated lives.
 - And without these 36 people, the infrastructure of the world would fall apart.
 - Most of the vovniks do not know they are vovniks.
 - And they swim in an entire world full of humility without the knowledge of themselves and who they are, or their importance in the world.
 - A small number of just or righteous men can save the rest of mankind from destruction.
 - Abbaye said (passage found in Sukkah),
 “There are never less than 36 just men in the world who greet the Shekhinah [God’s worldly presence] every day, for it is written [in the book of Isaiah 30:18], “Blessed are all who
2. Anonymous taps game (10 minutes)
 - The Lamed Vavnikim do anonymous good deeds. They don't get credit for what they do and they are not seen as heros or important people
 - Chanchis get into a circle facing outwards with their eyes closed
 - 4 chanchis are selected (2 people from each tzrif) to be the "Mystery Menches"
 - The Mystery Menches can go around and anonymously tap the people according to the following criteria
 - someone who has made you smile today
 - Someone who is a kind person
 - Someone that has made you laugh
 - someone who is a new friend
 - someone that you want to be better friends with in the future
 - Madrichim should go around and tap on an chanichim who are not getting any taps
3. 36 Levavot Adivim hunt (10 minutes)
 - Lamed Vav is gimatria for 36. There are 36 lamed vavniks hidden in the world and there are also 36 "Levavot Adivim" hidden around tzad aleph.

- Chanichim can go run around and find the 36 hearts and bring them back to the moadon.
- At the end of finding all 36 hearts they will be given some sort of sweet treat

Work Cited:

<http://spiritualityforhackers.tumblr.com/post/19341030797/the-lamed-vovnik-story>

<http://forward.com/articles/13406/the-thirty-six-who-save-the-world/>

*** For Havdalah Peulat Shabbat See Sarah Kieval's Harachat Edah***