Meah Mitzvot

1. To learn Torah
2. To honor those who teach and know Torah
3. Follow in God's way
4. Confess wrongdoings
5. Say shema twice a day
6. Pray daily
7. Wear tefillin on your head
8. Wear tefillin on your arm
9. Have a tallit/tzitzit
10. Pray after eating
11. Kiddush and havdallah at the end of shabbat
12. To give to charity
13. To guard the sanctuary
14. Create a supportive social environment
15. Have respect for people, God, the environment, and the community
16. Tell the truth
17. Love your neighbor as yourself
18. Don't speak poorly about others

Tikkun Olam – Improving the world

Klal Yisrael – Unity of the Jewish people

Emunah – Belief in God

Menschlicheit – Decency toward others

Eretz Yisrael – Connection to the land of Israel

T’fillah – Relationship with God through prayer and ritual

Chinuch – Education and study

Minhagim V’halachot – Judaism as a way of life

Limmud ha-Torah – Study of Torah

Ahavat ha-Shem – Love of God

Yirat shamayim – Fear of Heaven

Kiddush ha-Shem – Sanctification of the Name

Bittahon – Trust in God

Kedusha – Holiness

Anava – Humility

Ahavat re’a / Ahavat yisrael – Love of Neighbor

Rahamanut – Compassion

Shalom – Peace

Talmud Torah – Jewish learning

Klal Yisrael – Jewish solidarity

Tzionut – Zionism

Tikkun Olam – Healing the world

Ometz Lev – Courage you

Herut – Freedom

Tikvah – Hope

Tzedek – Justice

Pikuah Nefesh – Saving a life

Tzedakah – Charity

Shalom – Peace

Zikaron – Remembrance

V’ahavta l’rayaha kamokha – Love of others

Tzedakah – Justice/responsibility

Gemilut hasadim – Kindness/compassion

Talmud Torah – Love of learning

Hakhnasat orhim – Welcoming guests/strangers

Shalom bayit – Peace/harmony in home/family

Tikkun olam – Perfecting the world

Pikuah nefesh – Sanctity of life

Shemirat lashon – Sanctity of language

Anava – Modesty/humility



