**Minty Fresh Peulat Binyan**

**Opening Day Peulat Binyan (Banim)**

2:30 - 3:45 pm

**Location:**

Machane Gimel

**Rain Location:**

Ohel

**Length:**

~ 1 Hour

**Goals:**

* Introduce the Chanichim to Nivonim
* Build Unity
* Ensure all Chanichim have a toothbrush
* Kef

**Materials:**

* Mason Jar
* Spit/Rinse Cups
* Source of water
* BYOTPATB (Bring your own toothpaste and toothbrush)

**Overview:**

1. Instruct the Chanichimto bring their toothpaste and toothbrushes
2. Form a ma’agal on machane Gimel (Rain plan: spread out in the Binyan)
3. Distribute rinse cups with a little bit of water in them.
4. Have all of the chanichim put a bit of toothpaste on their brush. Tell them to start brushing when you announce “tsatseach” (brush), and to stop when you announce “די”
5. Announce “tsatseach”. Enforce that they all brush their teeth. Possibly play overly-dramatic music.
6. Announce “די”. Let them use the rinse cups to rinse out their mouths.
7. Go in a circle and have each chanich use one word to describe how they feel after brushing their teeth.
8. Explain that the entire kayitz will be spent feeling all of those positive things, and that we will be creating a nivonim toothpaste.
9. Give a short speech outlining the purpose of the activity and explaining that we will combining the toothpastes together.
10. Carry the mason jar around the circle, allowing each chanich to deposit a bit of toothpaste into it.
11. Announce that you will be holding the toothpaste until shabbat, so that friday night they can all use it and go forth with the minty fresh flavor of community.

**Role of Madrichim:**

* In order to introduce a sense of self agency and group identity, the madrichim should be inside the ma’agal. If there is a disruption that would be solved by having a madrich standing bein, then they should stand bein.
* It is probably a good idea to have one or two madrichim share their one word feelings first so they can set a playful tone (using words like “confident”, “bombastic”, “exuberant”).