

X-Block Phenomenon

Goal: To have fun during the obstacle course, and make a kick-ass Magshimural

Planners: Tamar, Rachel, Abby Weisman, Rebecca K, Rebecca R, Noah, Ari, Ethan Rifkind, Yoni Eligberg, Leah, Zach S

Location: Basketball court → gaga pit → migrash → little house → tennis court, ultimately depends on location of mural.

Materials:

Obstacle #1- Shootout: 5 basketballs, basketball court

Obstacle #2- Zigzag Run: 20 benches, roll of string

Obstacle #3- Trivia: 30 questions about Ramah

Obstacle #4- Army Crawl: 10 cones, 11 benches, 10 towels, paper, tape

Obstacle #5- Pool Slosh: Blow up pool, hose

Mural: 70 balloons (alternative- plastic cups), watered down paint, big sheets of butcher paper (or white sheet, plywood sheets, other material for mural, etc.), tarps, painters tape (the blue tape), container for balloons.

Teams

1	2	3	4	5
Maris L	Trinity T	Toby B	Sara S	Dora M
Ethan A	Ilan G	Lauren D	Ethan Ripps	Barrie B
Annalise J	Adira B	Rachel A	Gillian W	Henry S
Shai S	Gabe S	Max H	Zach L	Sarah B
Noah K	Abbe P	Shawn T	Leah P	Hadas BS
Lily P	Ben H	Sarah C	Ethan Rifkind	Ben R
Ezra S	Caroline W	Ben S	Jesse L	Yoni W
Bennett W	Josh B	Shira M	Julia T	Hannah C
Ilana K	Riva B	Aaron F	Ariel L	Rebecca K
Alon J	Zach M	Rebecca R	Nell S	Yoni E
Addie B	Zev S	Zach S	Abby G	Ariana C
Josh F	Abby W		Ari G	

Process:

1. The kids get quiet. We explain peula. We assign teams, they go and sit in line right off the basketball court.

2. First kids in each line go- they must:

Make 3 baskets

Do a zigzag run to the Gaga pit, running according to benches and guiding string between trees in lanes that are labeled with their team number

Answer 5 camp trivia questions correctly at the Gaga pit before they can move on. There will be 5 madrichim asking questions.

Hop, do high knees, or butt kicks (according to a sign) partway from the pit to little house. Then they will army crawl under obstacles until they reach the blow up pool

They will slosh through the pool, doing 15 jumping jacks while in the water.

Run to the end location (?) where they will throw a balloon/cup of paint at a “canvas”

3. Wait there for rest of edah.

Note: When their teammate leaves the Gaga pit, the next kid in line can start.

Roles of madrichim+Hillel: five asking questions at pit, one supervising start line/basketball, one at pool, one at army crawl, rest at mural.