**Peulat Parkour**

**Parkour: The art of getting from point A to point B in the most creative way positive.**

*Use obstacles to jump off of or over to be creative, walk and jump in funny ways*

Procedure:

* Campers are dismissed from dinner and sent to Softball bleachers.
* Each Madrich/a should bring a camera or phone with a camera.
* Campers are then split up into 6 groups
* Campers will need to film a Parkour video.

Each group will have to Parkour at least 8 obstacles of their choosing.

Every single person has to parkour over at least **one** obstacle.

Campers can “Parkour” anything they want (must return items)

* Tables
* Porches
* Water fountains
* Benches
* Sports boxes
* Goals
* Trash cans
* Trees, rocks
* Etc

Group 1 Tali: Moadon Amitzim to BAG

Group 2 Yoni: BAG to Chorsha

Group 3 zmira: chorsha to new chadar

Group 4 shaked: new chadar to tennis courts

Group 5 Yael and Zohar: tennis courts 38

Broup 6 omri and Daniel: 38 to moadon machon