Peulat T’fillot

Dates: 7/19-7/20

Goals:

* Greater involvement in t’fillot
* Better understanding of specific T’fillot

Tfillot and Themes would could talk about

* Birkot HaShachar, What do these small prayers mean, why so rapidfire in the morning, maybe pick one to focus on
* Baruch She’amar, Power of words, speech, how we construct narratives or worlds through our interactions.
* Halleluya, Adonai ohev tzadikim (What does that mean, how does he love the righteous, what is righteous)
* Hallelu, What does it mean to praise God, what are other ways we can pray, heschel praying with feet
* Az Yashir, what is the value in stories like this, aggressive version of God, pro/con of celebrating defeat of enemies
* Ahava Raba, What does it mean to be loved, how do we love God/each other
* Shema, what is the significance of each paragraph and the order we say them in, what makes this prayer so important
* Amida (Knowledge Blessing), what is knowledge vs. wisdom vs intelligence, why would we pray for smarts, is knowledge fluid enough to be worth praying for
* Amida (Sim Shalom), asking for peace vs working for it, what does peace mean
* Aleinu, how can we celebrate our differences without disparaging other people and cultures

For this peulah, on Wedneday morning we will start tefillot at 8:35 and upon arriving in the moadon we will explain the peulah and split them into groups and assign each group a different tefillah. From there they will have until 9:00 to meet with their group and discuss their tefillah, going off the themes in this writeup. Each group should read the tefillah out loud in both english and hebrew. They should come up with a *short* dvar tefillah (1 minute long) that encompasses some of their thoughts on the tefillah. Feel free to relate the tefillah to a song, book, movie, etc. By 9:00, everyone should be back in the moadon and we will run a shortened tefillot.

On Thursday morning, we will run tefillot as normal but before each groups’ tefillah, one member will stand up and deliver the dvar tefillah, giving each prayer a new significance!!

Role of madrichim: Madrichim should be circling around the groups and making sure that discussions are focused and on topic.

**Group 1**
Faith White
Eric Kruglak
Gaby Danziger
Isaac Gelb
Jacob Sher
Victor Weir
Becca Klayman
Gabe Stillman
Benji Krueger
Max Portnoy

**Group 2**
Abbe Piels
Ella Feuerstein
Ethan Askainam
Noah Kuperberg
Sarah Bernstein
Julia Traiger
Jacob Cannon
Devasha Solomon
Barrie Brodsky
Lauren Dembo

**Group 3**
Jessie Lehman
Shawn Tarloff
Benson Luddy-Dunn
Jacob Schwartz
Arielle Lavi
Nell Schwartz
Matthew Lessans
Danny Koenig
Zev Sigfeld
Bennett Werbel

**Group 4**
Sarah Clement
Lily Harris
Rachel Coll
Hadas Bromberg-Seltzer
Joey Horwitz
Brian Kirsh
Kate Sosland
Evan Berney
Dora Mendelson
Chloe Ross

**Group 5**
Ethan Ripps
Josh Bermel
Max Stravitz
Alyssa Edelheit
Bo Rider
Leah Packer
Sara Sporkin
Shoshie Cohen
Ezra Schwartz
Noah Felsen

**Group 6**
Ben Kotton
Macie Gelb
Gillian Weisman
Rachel Weisman
Adira Blumenthal
Shai Sperber
Shayna Grossman
Abby Gilman
Elijah Labowe-Stoll
Aliza Reinstein

**Group 7**
Henry Sosland
Ilan Gasko
Yoni Weill
Rachel Ader
Jacob Mannes
Liam Shemesh
Zoe Blumenfeld
Zach Leventhal
Ben Harris
Riva Blinderman

**Group 8**
Ethan Swagel
Elise Gendrich
Ari Yantovsky
Talia Mitre
Hannah Weiner
Annalise Jacobson
Ilana Kaplan
Devira Friedman
Alon Jacobson

**Group 9**
Zach Leonard
Josh Fisch
Yoni Eligberg
Max Harris
Aaron Forman
Alex Kurland
Michal Loren

Talia Harlow
Marin Warshay

**Group 10**

Ezra Pemstein
Gideon Malkner
Rena Edery
Ben Skromne
Ahna Bielek
Faye Lessans
Addie Bard
Trinity Tilden
Maris Linder

Birkot HaShachar

*Page 10/11*

What do these small prayers mean?

Why so rapidfire in the morning?

Can you think of a song/book/movie/tv show that has parallels to the themes of this tfilla?

You could talk about these brachot as a whole, or just pick one to focus on. Come up with a ~1 minute d’var tfilla for tomorrow.

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Baruch She-amar

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What is the power of words and speech?

Can speech create or destroy in a physical sense?

How do we construct narratives or worlds of our own through our interactions?

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Discuss the Tfilla and come up with a ~1 minute D’var Tfilla for tomorrow.

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Halleluya (Psalm 146)

*Pages 82/83, 84/85*

What does it mean to trust G-d over people?

How does G-d love the “just” or righteous? What does that mean?

What is “justness” or “righteousness”?

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What does it mean to praise G-d? What is the value of the act and what qualifies?

Rabbi Abraham Joshua Heschel said that when he marched in Selma with Rev. Martin Luther King, Jr he “felt my feet were praying”. What are ways we pray outside of Tfillot?

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Az Yashir

*Page 92/93*

What is the value in repeating our stories like this every day?

Are you comfortable with the aggressive version of G-d portrayed here?

What are pros or cons of celebrating the defeat of our enemies?

Can you think of a song/book/movie/tv show that has parallels to the themes of this tfilla?

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Ahava Raba

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What does it mean to be loved?

How do we love G-d?

How do we love each other?

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Shema

*Pages 100/101, 102/103*

What is the significance of each paragraph?

Why say them in this order?

What makes this prayer so important? Why is it so central to Judaism?

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Amida (Knowledge Blessing)

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What is knowledge vs. wisdom vs. intelligence vs. understanding? What distinguishes them?

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Amida (Sim Shalom)

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What is the significance of asking for peace rather than working for it?

How can we reconcile the message of peace with other more violent tfillot we say every day?

What does the vision of peace in this tfillah entail?

Discuss the tfillah and come up with a ~1 minute Dvar Tfillah for tomorrow

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Aleinu

*Pages 160/161, 162/163*

Are there things that you distinctively enjoy about being Jewish?

How can we celebrate our differences without disparaging other people and cultures?

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