**Peulot Tzrif Menu/Worksheet**

Machon!!! Welcome to Operation Tzad Aleph. We will be working with tzad aleph tzrifim and running the coolest and most fun peulot tzrif of all time.

*In this packet you will find a list of peulot tzrif ideas. As a “tzevet,” you must decide what your goals are for your peulat tzrif and then you must select which games you will be running for your tzrifim. After creating your peulah try it out with your tzevet!!!!*

*Remember some tips for working with young chanichim:*

1. *Be kind*
2. *Be yourself*
3. *Have fun!!!*
4. *Ask them about their favorite camp activities!*
5. *Remember we are dugmaot (role models) for these chanichim*
6. *Only use appropriate language*
7. *Use your best judgment and only converse about appropriate topics*
8. *If you run into any issues, ask a nearby counselor for help*

**Round 1 Icebreakers**

Goals:

1.

2.

3.

Select One-Two activities from this list:

*(Remember to collect materials if necessary for your peulot)*

Go around the circle

* Ask a goofy question and have everyone to answer it
  + Examples include:
    - If you could grow anything out of your head what would it be and why?
    - What is the coolest/most fun thing you have done in the shoes you are currently wearing?

Muffin

* Everyone asks a question to the person to their left and the person answers the question

Ball Game

* Throw the ball to someone and say their name out loud, you must remember who you threw the ball too, try as a group to get the fastest time throwing the ball to each person in the group in the order that it was origionally thrown in. Times will be compared with other groups

Up/Down Game

* Chanichim form a circle. One machoner says lematah and everyone looks down, then says lemalah and everyone looks up at someone else, if two people look at each other, they are out.

1 Sam on a Bus

* 1 Sam, two Sams, 3 Sams, 4 Sams, 5 Sams, 6 Sams, 7 Sams
* On a bus, on a bus, on a bus, on a bus, on a bus, on a bus, on a bus
* Delayed reaction, delayed reaction ………..

Two Truths and a Lie

* Each person tells three statements, two of which are true, one of which is false, the group needs to guess the lie.

Music Match

* One person leaves the room or the circle. Chanichim are asked to pair up and then each select a part of a song. After selecting songs the chanichim should shuffle themselves within the circle. The Chanich/a that left the circle will come back to the group and try and match up the pairs of songs by tapping individual’s hands and hearing which song snippet they selected.

Pass the Noise

* Go around the circle and every person says their name and then comes up with a noise and a movement and the group copies the noise and the movement

TzifTzuni

* Split your tzrif into two groups and stand in two parallel lines with everyone holding a hand out. Select one representative from your group to go to the other group and tap three peoples hands saying tzif for the first hand, fsoo for the second hand and ni for the last one. The person whose hand is tapped at ni must chase the tapper back to their line, if they are caught they join the other team, if not the chaser switches teams.

**Round 2**

Goals:

1.

2.

3.

Select one activity from this list to run, also select a second activity to run as a backup if you have extra time:

*(Remember to collect materials if necessary for your peulot)*

Tell me more:

* Chanich take turns selecting Hershey kisses from the center of the circle and need to answer a question about themselves based on the number of dots drawn on the bottom of the Hershey kiss

Hakarat Hatov hand

* Each person traces their hand on a sheet of paper, sheets of paper are then passes around the circle and each chanich needs to write something nice about each person on their hand

Salad Bowl

* Each chanich writes the name of four famous people and adds the names to a hat in the center of the circle. Chanichim then take turns taking the names of famous people out of the hat and trying to get the group to guess who the famous person is. After all the names have been gone through the names are returned to the hat and chanichim play the game a second time only this time they cannot use words and have to get the group to guess who the person is by acting

Fun Fact Game

* Everyone writes up three facts and then they get put in a bowl, people have to guess whose fact is whose

House Party Game

* One person is selected to be the host. Everyone else selects a weird role out of a hat and must act in that role at the hosts “party.” the host must try to guess who everyone is

Museum guard

* One person is a guard in the middle of the circle, everyone is around the guard, when the guard is not looking at particular chanichim, the chanichim must move in weird ways and then strike a pose when the guard looks, if the guard catches an individual moving, they are out

Paper Bag Drama

* Groups within the trzif are given three random objects and asked to act out a highlight of their summer while incorporating the objects in ways that they were not intended for into their skits