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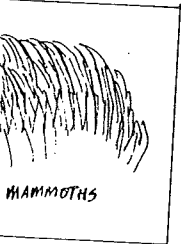
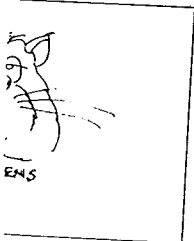
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<i>Place</i>	Indoors
<i>Players</i>	12 to 24
<i>Time</i>	10 to 15 Minutes
<i>Energy</i>	Minimal

Qualities Inventory

This exercise can be a real ego booster. It reminds you of your own good qualities, and gives you perspective on how others see you.

EQUIPMENT

- Sheet of notebook paper and pencil per person

TO PLAY

Seat players in a circle or around a table, and hand out pencils and paper. At the top of the sheet, the player prints her name. Under her name, she writes three qualities she considers to be her strengths. Encourage players not to be overly modest. On the signal, each person slides her paper to the person to her right, and receives one from the left. With the new paper before her, each person reads the name on the sheet, and the qualities listed. If the quality listed is a strength of the person whose paper it is, the reader puts a check after it. If the reader can think of another positive quality that pertains to the paper's owner, she writes it in on the next line. On the signal, papers are passed again. There are no limits on the number of checks a person may give. You never run out of funds to cover these checks! (If only my bank was as generous!)

After the sheets of paper have been passed around and are returned to their original owners, allow a few minutes for people to review them. Give players an opportunity to share one or two significant qualities that received a lot of votes, or that were written in, and were particularly encouraging.