Title: Ramahdgeball

Goal: Legendary Jewish Programming, active *peulah*, kef

Materials: dodgeballs, Siddurim, cones

Place: BAG

Time: 8:15 pm

Special Mashehu: Judaism

Timeline:

10 minutes to explain the rules in the beginning.

The rest of the time: playing the game by ear and adding combinations of twists until *chanichim* are exhausted enough and go to bed right after free time

Dodgeball with a Jewish twist because we love Judaism and Machane Ramah!

Madrichim play, too! (except Vaad PE who are the prison guards/game masters)

***RULES***

* No hitting people in the face. If you hit someone in the face, you’re out.
* If you catch the ball that’s thrown at you, the person who threw it is out.
* If you’re out, put both hands on your head and sing the edah song as you walk to the jail which is located on the stage. You can return to the game if you approach a *madrich* or *madricha* and explain to them which line of ashrei is your favorite and why. All madrichim have siddurim.
* The teams will be split by top bunks and bottom bunks.
* **Aruv:**

An aruv is a boundary that defines the outlines of a community. Here at *machane* Ramah, we have an aruv: it is a piece of string that goes around the entire camp. This allows us to carry things on Shabbat. At any point in the game, the game master can say ARUV and everyone has to touch the wall and run around in one big circle. The game resumes after that like normal.

* **Lot’s Wife**

There is a story in the Torah where Lot’s wife is told not to look back upon the sinful city that she is leaving. At the very last moment, she looks back and is immediately turned into a pillar of salt. At any point in the game, a *madrich* can yell “Lot’s Wife!” When this is called, everyone must freeze. The if you move, you’re out (just like freeze dance!). You can’t move until we can tell you to resume the game!

* **Kippot** – one hand dodgeball. You can only play with one hand on your head until instructed to resume normal play.
* **Love your neighbor as yourself pairs**: if your pair gets out, you’re out too. Pick pairs by finding someone you’ve never talked to before, and someone not in your tzrif until instructed to resume normal play.
* **Buddy check:** get into a group of two or three and hold up your hands as if it’s tzad aleph free swim until instructed to resume normal play.
* **Pass up:** tzevet will yell “na lenakot et hashulchanot” you have to pass the ball to another person before you throw the ball at the other team until instructed to resume normal play.
* **Rad Hayom:** the whole team must gather together in a maagal and join hands to sing the entire song before you can resume play.
* **Lila Tov:** everyone has to lie down on the ground and throw from that position until instructed to resume normal play.
* **Hagbah:** everyone has to have one hand with a pinky up while playing until instructed to resume normal play.
* **Amidah:** everyone has to play while hopping with feet together until instructed to resume normal play.
* **Silent Amidah:** everyone freezes and the game pauses with feet together until instructed to resume normal play.