**Recess Games**  Date of the peulah: July 6th, 2011

Planners: Joe Ornstein and Johanna Rudnick Peulah Type: EREV

Length of Peulah: 45 minutes

Staff present: (Too many: yes / no) (needed more: yes / no) circle the best answer

Goals of the Peulah

1. sensory stimulation activity

2. practice brachot

3. practice physical coordination and teamwork

Materials needed for peulah:

Bean bags, 3 different sized boxes (for bean bag toss goals), chalk, dodgeball, bin filled with water, apples, burlap sacks, spoons, hardboiled eggs or rocks, 4 cones.

Program explanation (include order of activities, any preparations before it starts, Jewish content piece, etc.)

Split the edah up into two groups and organize the activities at 2 stations. Station one is blessing hopscotch, four-square, and bean bag toss. Station two is relay race, bobbing for apples, and hot-potato.

Prep for station one: draw out a foursquare court with chalk beforehand. Also before the peulat draw out hopscotch on the pavement. Instead of writing numbers in the hopscotch squares write Hebrew words, spelling out brachot. (we used hamotzi, nitilat yadayim, and matir asurim- things we had been learning). (when the kids play hopscotch they need to say the blessings) Set up the bean bag toss goals (boxes) in a line, making the boxes further away worth more points. ( this was a team building activity and teams worked together to get a certain amount of points, with everyone taking turns.

Prep for Station two: Fill the bin with water and place the apples in it before the peulat begins. Have bean bags ready for hot potato too. For the relay race: place two cones marking the start on one end and the other cones on the other side marking the finish line. Place the burlap sacks at the start (for bag races) and place the spoons with eggs at the finish line. The kids have to hop between the cones in the sack and then return balancing the eggs with the spoon.

Was the program a success? Give 2-3 reasons why!

1. It offered may different types of activities for campers with varying physical abilities.

2. The campers were very enthused by and involved in rooting each other on.

3. The apple-bobbing was very challenging but fun and involved even those who were on the sidelines.

What are some ways you could improve the peulah? What would you change for next time?

1. We were short staffed so things were a little bit chaotic. Having an assigned staff member at every activity at both stations would have been very helpful.

2. The Staff should be informed about each of the stations and goals ahead of time, facilitating easier origination.