

## Peulat Shabbat Kochavim

Goals: Provide chanichim with an understanding of the separation between shabbat and the rest of the week and an appreciation for Shabbat.

## Details:

1. Split up into 3 small groups (2 madrichim per group) – 5 minutes
2. Tell story about the "Shabbat Spice" - 5 minutes
  - Here is a write up of the story but feel free to add in your own details and make it lots of fun!

Once upon a time in a faraway kingdom there was a king. The king was very generous and beloved by his people. One day the king made a competition in the Kingdom to find a new royal chef. Each day a new candidate from the Kingdom came into the kitchen and worked from dawn until dusk. Many tried their luck and many gourmet dishes were served to the king. But nothing was good enough. Many months later, a Jewish Chef named Josef arrived in the palace on a Friday morning. He cooked from dawn; he kneaded the dough, cut vegetables, and cooked casseroles. By noon before Shabbat started, he finished the job. On Friday night the food arrived at the King's table and the King and his people were very happy. The food was delicious! They liked their fingers with joy! Happy from the meal, they asked Joseph to come back and cook them the exact same meal on Sunday.

Joseph came back on Sunday morning. He cooked from dawn; he kneaded the dough, cut vegetables, and cooked casseroles. When he served the meal, the King and his people sat down to eat and were disappointed. The food was very good but not as good as it had tasted on Friday night. Joseph said that he had added the "Shabbat spice".

3. Ask discussion questions – 5 minutes
  - a) Why do you think there was a difference between the meals on Shabbat and Sunday?
  - b) What are some things that make Shabbat special?
  - c) Are there any special Shabbat traditions from your home that you would like to share?
4. Split the mini group into two (each of the 3 groups has two subgroups)- 2 minutes
5. Introduce skit options- 5 minutes
  - a) Imagine a conversation between the challah, candlesticks, and kidush cup are talking about what makes them the most special.
  - b) A busy camper who rushes all week and rests on Shabbat.
  - c) Special things that you have time to do on Shabbat but not during the rest of the week.
6. Give time to practice whichever option of skit the sub-group chooses – 5 minutes
7. Each of the two subgroups will perform for the other subgroup – 10 minutes
8. Active games- can take as little or as much time as needed
  - o Yam Yabashah but change the words to Shabbat and Chol
  - o Simon says but with days of the week and Shabbat

Example: "On Yom rishon we jump" – chanichim should jump  
 "On Shabbat we run"- chanichim should freeze