

Peulat Shabbat second session: First Shabbat:

Goal: Understanding the transition from Shabbat into the week to come. Gaining a better understanding of seudat shlishit and why it is meaningful.

Part 1: four counselors speak about why they love seudat shlishit:

- shana
- leah
- david
- ari h

Part 2: Split into 6 groups and learn 3 seudat shlishit songs, round robin 15 min per song. (The last round, specified, see part 3)

All counselors not leading a song pick a group and learn the song with the children

Group 1: Shana

-Pia'patcha

Group 2: Ari

-Pia'patcha

Group 3: Ari H

-Bilvavi

Group 4: Meirav

-Bilvavi

Group 5: Lindsey

-Mizmor Li David

Group 6: Ilana

-Mizmor Li David

After 15 min send your group to 2 spots ahead on the list

For example: Shana group 1, sends to Ari H, group 3,

STAY WHERE YOU ARE WAIT FOR NEXT GROUP POR FAVOR

Part 3:

The third rotation will be longer than the rest due to a wonderful discussion you will lead, so make time for these questions:

- What is the spiritual significance of Shabbat for you?
- How can we bring the magic of Shabbat to the rest of our week?
- How can we bring the magic of Shabbat at camp home with us?