

Peulat Shabbat- Shamor vezachor -- 7/20/15

Goal:

To teach the meaning behind the first line of the Lechah Dodi verse. To teach the words "Zachor" and "Shamor" and reflect on why these words are important.

Supplies:

- lyrics sheets to the first paragraph of lechah dodi
- 8 buckets and 25 plastic cups
- 4 beach balls
- memory cards with shabbat words (4 decks)

Instructions:

What	Who	How Long
<p>Start by singing lechah dodi and only do the paragraph with Shamor and Zachor</p> <p>בְּקוֹלְךָ שִׁבְתָּ פָּנֶי. כְּפִלְאָה לְקִרְאָת דּוּדֵי לְכָה</p> <p>הַמִּיָּחָד אֶל הַשְּׂמִיעָנוּ, אֶחָד בְּדַבּוּר וְזָכוֹר שְׁמוֹר.</p> <p>hashem וְלִתְהִלָּה וְלִתְפָּאָרַת לְשֵׁם. אֶחָד וְשֵׁמוֹ אֶחָד</p> <p>בְּקוֹלְךָ שִׁבְתָּ פָּנֶי. כְּפִלְאָה לְקִרְאָת דּוּדֵי לְכָה</p>	<p>Everyone in a large Maagal</p>	<p>5 min</p>
<p>Opening Explanation and questions:</p> <ul style="list-style-type: none"> <li>• The first line of that verse was "Shamor vezachor bedibur echad"</li> <li>• How many of you have heard the word "shamor" before or have heard of something with the same root like "lishmor", "Shmirah".... (raise your hand)</li> <li>• Where have you heard this word and what do you think it means?</li> <li>• How many of you have heard the word "zachor" before or have heard of something with the same root like "lizcor", "zicaron".... (raise your hand)</li> <li>• Where have you heard this word and what do you think it means?</li> <li>• In the torah, the ten commandments are given twice. In one of the sets of commandments the fourth commandment says "Shamor et yom hashabat lekadshoh" (devarim) and in another set it says "Zachor et yom hashabat lekadshoh" (Shmot)</li> <li>• Rashi commentates that it is as if the two words "shamor" and "zachor" were said at the same time</li> </ul>	<p>Ariella leads questions. Everyone participates</p>	<p>5 min</p>

Split up into 4 groups with 6 chanchis in each group	1. Shara & Michael 2. Vega 3. Ofir 4. Ariella	2 min
Each groups has 4 activities to play: (make sure that you stress the connection of the activity to the word and its meaning) <ol style="list-style-type: none"> <li>1. shamor- keep it up-" Lishmor Balon Baavir" - Explain that we are "Shomrim" the balloon up the same way that we are "shomrim" the shabbat</li> <li>2. Shamor- keep the water and fill up the bucket-"Lishmor al hamayim"- 2 teams with two buckets of water and two empty buckets- team has to get into a line and pass the water with cups from one bucket to another. the team that fills up the bucket first wins</li> <li>3. Zachor- broken telephone- "Telephone shavoor"- the idea that a memory changes over time- we try to remember what the last person told us and keep the memory alive</li> <li>4. zachor- memory card game of shabbat things</li> </ol>	Activities are done in small groups. All madrichim are leading activities	5 min per activity. aprox 20 min total
Concluding Questions: <ul style="list-style-type: none"> <li>• What is the difference between keeping something and remembering something?</li> <li>• What are the similarities?</li> <li>• When we say "zachor" what exactly are we remembering? (possible answers: that G-d created the world)</li> </ul>	Chanchis remain in small groups with madrichim	Aprox 8 min. Take as little or as much time as needed

In Shmot 20:8: Remember (or, commemorate) the Shabbat day, to sanctify it.  
In Devarim 5:11: Keep (or, guard) the Shabbat day to sanctify it, as the Almighty your God has commanded you.