**Machon/Nivonim Kishroniya Week Chinuch July 30, 2013: SnapChat out of it!**

Discuss in your group:

• What are you an expert in?

• What makes you an expert in that area?

(Get as many people as possible to answer, but don’t force everyone to respond)

Make a circle with Niv on the inside and Mach on the outside. They will cycle through

each person, with only Machon moving one person to the right at a time.

• With each encounter, Niv will say: what is something you feel that you’ve become

an expert in this summer?

• Machon will say: what is something you hope to become an expert in during the

rest of your time at camp (including Niv summer)?

Regroup (in these small groups) and discuss:

• Where does expertise come from?

• Why do we assume that the Nivonimers are experts and the Machoners aren’t?

• How does that work or not work for how you understand expertise?

Share with the group: According to psychologist Malcolm Gladwell who wrote the book

“Outliers,” it takes 10,000 hours of practice to become an expert in something. Bill

Gates had 10,000 hours of computer programming before he founded Microsoft, and

the Beatles had 10,000 hours of playing small basement concerts before they made it

big.

For the record: 10,000 hours = 416 days (about a year and a half) of continuous action

27 years of doing something for an hour a day

• Is there anything you’ve done for 10,000 hours?

• Are you now an expert in that thing?

• Do you agree or disagree that this makes someone an expert?

Ask a camper to read:

Mishnah Avot 5:24- He used to say: At five years old a person should study the

Scriptures, at ten years for the Mishnah, at thirteen for the commandments, at fifteen for

the Talmud, at eighteen for being married, at twenty for one's life pursuit, at thirty for

authority, at forty for discernment, at fifty for counsel, at sixty to be an elder, at seventy

for gray hairs, at eighty for special strength (Psalm 90:10), at ninety for decrepitude, and

at a hundred a man is as one who has already died and has ceased from the affairs of

this world.

The rabbis debate this idea, some suggesting that “when you’re ready, you’re ready.”

Is being a leader at camp something that comes with age or just being ready?

Let’s debate it!

SnapChat debate- divide top and bottom bunks

One group is making the case that expertise is developed over time

One group makes the case that you are born with skills and that’s it

Freeze in a pose for 8 seconds, can use whiteboard for captions

What are you going to do over the next few weeks to develop expertise in whatever it is

you want to accomplish? How will you pass on those skills you’ve developed to others?