Social Media -- Peulat Shabbat Week 8

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Goal: Discussion, critical thinking, reflection

**Read out groups (5 min)**

**Discussion (35 min)**

**Read these facts before moving to questions:**

* We spend a lifetime average of [5 years and 3 months](https://www.socialmediatoday.com/marketing/how-much-time-do-people-spend-social-media-infographic) on social media
* Almost one-quarter – 23% – of Facebook users check the site FIVE TIMES or more per day
* One study showed that heavy social media users are 2.6% more likely to suffer from a mental illness

Discussion Questions

1. What are some pros and cons of social media? Do the pros outweigh the cons, or vice versa?
2. Do you feel that social media is a necessity?
3. Do you think that you act the same over social media as you do in person?
4. Is it easier or harder to create relationships with people online?
5. How does being out of the social media world at camp affect your interpersonal relationships?
6. Do you feel like the relationships you have with camp friends is different than your relationship with your home friends because of the lack of technology and access to social media?
7. How did you feel about leaving behind technology and social media at the beginning of the kayitz? How do you feel about it now that you’re about to have access to it again?