**Solelim Friday Tefilot K’tzrif First Session**

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|  | **1 July** | **8 July** | **15 July** | **22 July** |
| **Tzrif 8** | Early Morning Boating | Teva Tefilot + Bishul Boker | Movement Tefilot + Shabbat Gates | Amitzim Tefilot |
| **Tzrif 9** | Movement Tefilot + Shabbat Gates | Amitzim Tefilot | Art Tefilot | Teva Tefilot + Bishul Boker |
| **Tzrif 21** | Amitzim Tefilot | Early Morning Boating | Teva Tefilot + Bishul Boker | Movement Tefilot + Shabbat Gates |
| **Tzrif 23** | Teva Tefilot + Bishul Boker | Movement Tefilot + Shabbat Gates | Amitzim Tefilot | Art Tefilot |

Early Morning Boating

* Description: Arrive at boating at 6:45. Do Ma Tovu and Hallelujah on the Agam (the version of morning boating with tefilot/spiritual moments), then change into dry clothes and do full tefilot in the Moadon or next to the Shoafim medurah location near the tzad aleph agam. Bring siddurim (if leaving the moadon) and wear tefilin.
* Non-Solelim Tzevet involved: Tzevet Boating
* Solelim Tzevet Roles: Lead outdoor tefilot (full Solelim matbeah) at the Shoafim Medura spot.

Art Tefilot

* Description: Meet with Omanut staff at 7:45 at the Omanut tents. Learn about the Birchot Hashachar by painting rocks. Then, go to Moadon Solelim and do all the tefilot from Barchu to the end of the service.
* Non-Solelim Tzevet involved: Deborah Beland / Tzevet Omanut
* Solelim Tzevet Roles: Leading the service from Barchu to the end, participating in the art tefilot, making sure that the timing goes smoothly and that you get to Aruchat Boker.

Movement Tefilot + Shabbat Gates

* Description: Meet at 7:45 in front of the guest house. Movement tefilot (using dance to express our prayers) takes the place of Psukei D’Zimra. Then, the Solelim Matbeah from Barchu through the end of the Amidah. Set up the Shabbat gates and greet the Tzad Alpeh chanichim for Aruchat Boker.
* Non-Solelim Tzevet involved: Marcia G and Sarah R
* Solelim Tzevet Roles: Get the kids there on time, bring tallit and tefilin and siddurim (including for Marcia and Sarah) and participate enthusiastically.

Amitzim Tefilot

* Description: Join Amitzim Tefilot in Moadon Amitzim. Be there by 7:45. This program also includes a hargaah on Thursday night.
* Non-Solelim Tzevet involved: Tzevet Amitzim for the Hargaah
* Solelim Tzevet Roles: Sit Bein Hachanichim, sing loudly, make sure to get there on time, bring and wear tefilin

Teva Tefilot + Bishul Boker

* Description: Arrive at the Tzad Bet Agam Medura spot at 7:45, with siddurim for everyone, tefilin, and don’t forget to pick up the breakfast supplies at the pack out fridge on the way. Meet Naama there. As Naama begins to prepare the aruchat boker, the madrichim lead a Teva-themed Tefilot (full matbeah, but silent Amidah spread out, and focus on the beauty of the natural world). Then the tzrif gets to eat a special breakfast.
* Non-Solelim Tzevet involved: Naama from Teva
* Solelim Tzevet Roles: Lead Tefilot, get the tzrif there on time, help Naama serve breakfast