

Peulat Shabbat: Standing Up

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Program Type: Peulat Shabbat

Approximate Duration of Program: 60 minutes

Group Size (edah, tzrif, banim/banot): edah, split into six groups

Description: Role playing on bullying and possible ways of reacting , followed by discussion.

Overall Goal/Themes: To examine different likely scenarios of bullying in a camp setting, and proper ways of handling them.

Supplies/Resources Needed: Situation Cards and Reaction Cards (provided)

Location and Room Setup: Around Moadon Bogrim. Details will be included with group list.

Staff Preparation and Roles: Vaad Peulat Shabbat will make the necessary instruction cards for the role play. Each madrich(a) will be responsible for leading a group in role play and discussion with another madrich(a), and any miktzoim.

Instructions for Running the Program:

Each group will receive four decision cards and four situation cards that will be detailed as follows –

Situation Cards:

- A bunk member taking another camper's Shabbat Brownie
- A camper excluding someone from a night time conversation in the bunk
- A group of campers gossiping about someone's Shabbat clothing
- A camper making fun of another camper's weight at the agam

Decision Cards:

- Don't react and walk away
- Smile and laugh, go along with the joke or exclusion
- Talk it out. Have a calm conversation with the perpetrator about how their actions made you feel
- Inform an adult

The madrich(a) leading the groups should lead the activity as follows. Select a situation card and select volunteers to choose decision cards. Have them run through each reaction with a given situation. When each reaction has been played out, discuss. Which reaction was most effective? Why? Can any campers think of a better reaction

than those listed? Once the madrich(a) is satisfied with the conversation, select a new situation card and repeat the process. Continue until all four situations are complete. Try to get new volunteers each time. If time permits, open up for more thoughtful conversation; when is telling an adult snitching and when is it appropriate? Are the two mutually exclusive? Do campers have any examples from their time at camp that they feel relate to the discussion? At this point if there's time, the leader of the group should feel free to take this discussion in a direction they see fit.