

Tefilot - Tefillin Fruit by the Foot  
(Peulah Title - the catchier the better!)

Program Type (circle one or more):

Peulat Erev Yom Meyuchad Peulat Tzrif Peulat Shabbat Limud T'fillot  
Other: \_\_\_\_\_

Approximate Duration of Program: a non torah reading שד"א takes 10+ min

Suggested Grade Range: Entering Grade 7 to Entering Grade \_\_\_\_\_

Group Size (circle one) learn before bnei Mitzva

Edah Tzrif Several Tzrifim Other: \_\_\_\_\_

One-Line Description:

to teach pre-bnei mitzva kids about

שד"א. How do you put it on? Why this way? What is

Overall Goal/Themes: the prayer you say?

Methods Used (for example: discussion, text study, simulation, games, etc.):

learn שד"א & שד"א prayer + used  
fruit

Supplies/Resources Needed:

fruit rollup by the foot for each camper,  
sidur

Ideal Location (be generic, don't say a name of a makom at your camp!) and Room Setup:

any place

**Staff Preparation and Roles:**

Someone who puts on y'karp can wear theirs and demonstrate how to put it on. Teach prayer + explain why worn this way.

**Instructions for Running the Program (you can attach a separate paper):**

Teach prayer  
demonstrate how to put on y'karp. Explain '30 / 7 straps is like "marrying G-d" etc.  
Pass out fruit by font.  
Kids try to put on y'karp w/ <sup>the</sup> food.  
Eat it when done!

**Appendices/Additional Files:**

\*Attach any additional documents you used for this peulah!

**Bibliography/Links to Additional Sources (any websites you used):**

**Authors (name, email, camp):**

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**Submit your Peulah to the Ramah Program Bank:  
[www.ramahprogrambank.org](http://www.ramahprogrambank.org)**