

## Shoafim Program

Peulat Type: Tefillot Workshops

Peulat Planners: Micah Garber

Date: 07-10

Time : 07:30

Location: Mirpesset and Bet Am Aleph

Rain Plan?: All in the Bet Am Aleph

Goal: To help campers and staff get a better understanding of the daily prayers. While also strengthening the connections they already have.

Description : "workshops" will be lead focusing on different aspects of the daily prayers. These workshops will be "how to be a great leader" lead by Tova Benson-Tilsen. "Common Kavannah" lead by Micah Garber and a prayers workshop lead by a Hinuch staff member. These groups will be assigned on Thursday during the day by their respective councilors.

Daven Barchu, Sh'ma, and Amidah

Shoafim is broken up into their pre-assigned groups.

each individual workshop is run by their assigned leader.

### Group description:

"How to be a great Leader" with Tova Benson Tilsen

This group will focus on learning to enunciate the words of the prayers while simultaneously learning to project their voice as they go through the daily Matbaech. This group will go through Shacharit focusing on having the campers state the words loudly, confidently and clearly. Focuses on Interpersonal and verbal linguistic Intelligence.

"Common Kavannah" Micah Garber

This group will focus on creating and strengthening the campers and the councilors connections to the words to the prayers. This group will go through Shacharit focusing on key phrases and sentences that will be used as a stepping stone to start discussions on the phrase or sentence (Birkot HaShachar--things we take for granted) (The 5 line in Ashrei-- focus on the idea of embracing the gift of judaism) (Ending with a silent version of the Amidah where the group is asked to focus on the process of their day)

Focuses on Intrapersonal Intelligence

Skills workshop "So you want to be a tefillah master" Rabbi Arnowitz

This group will focus on building the campers and staffs skills in becoming comfortable saying the prayers in the daily Matbeah. The Leader will ask the group in a circle "what the hardest part of prayers is for you? In regards to the prayers (what do you want to work on the most)" Working on facilitating the answers for the more concrete question. This group will accomplish this by focusing on the order and structure of morning prayers. Explaining how the prayers build up to the amidah which is the climax of our daily prayers and then descend after the amidah is finished.

Focuses on Verbal Linguistic, Intrapersonal intelligence