

## Thankful Theme Tuesdays

### Goals:

- Make being thankful a full body experience
- Connect thankful to t'filot to everyday life
- Show how t'filot connect to everyday life
- Make t'filot fun!

### Summary:

Every Tuesday theme t'filot around something we are thankful for! We focus on certain t'filot which relate to that theme, dress up in that theme, play music relating to that theme, and do a fun activity relating to that theme. We also have a short discussion relating to that theme.

### Water

- Make a rainstorm using body motions
- Discuss how much water impacts
- Act out how water causes our food to be made and our houses to be built

### Body

- Yoga
- Meditation
- Getting ready for berkshires

### Camp

- Teach camp song!
- Wear camp shirt- YAY camp is bringing us to six flags!