

Peulat Shabbat 6/27

True Freedom

Roles for counselors (don't assign agam staff)

- Ayelet, Amiel, and Jacob will explain parasha and what we are aiming to explore
- Quote Bob Marley's "emancipate yourself from mental slavery, none but ourselves can free our minds..."
- Each Councilor will introduce the idea of expanding or waning freedom (with this transition into high school) and facilitate a discussion with the five-guideline question sheet. Jacob will walk around and gauge how much longer the discussions should last and eventually call back the whole group (after 15-25 minutes)
- Councilors will choose a representative from each group to summarize their groups discussions. Ayelet, Amiel and Jacob will then conclude on how we can utilize some of these realizations into forming a cohesive Bogrim community.

Groups of 10-12

Goal: to set the campers on the path to self-emancipation at camp, as well as in life.

Peula:

Introduce the Parasha. Tell the story of Moses and the rock and focus on the Am Yisrael. The constant complaints over water, impatience with the leaders and short sightedness to the miracles that have been done on their behalf, tips Moshe over the edge- resulting in his punishment (not being able to enter Canaan).

Even though the people of Israel were freed from bondage in Egypt, they were not able to free themselves from mental slavery. This result is not only detrimental for Moshe, but it is the reason HaShem sends them through the desert for 40 years. No one from that generation, aside for Joshua and Caleb, are allowed into the Promised Land.

Bob Marley was a musician in Jamaica, who was very influential in promoting freedom and peace. He would often sing about these ideas, especially in one of his most renowned works: "Redemption Song."

"Emancipate yourself from mental slavery. None but ourselves can free are mind."

- Handout songs and sing!
- Split into discussion groups

Discussion:

In groups, relate the song to the campers' personal life by discussing freedom from bondage as a transition- as teenagers they are transitioning from childhood to adulthood and as campers from middle/high school students to campers.

- a. What ways can you act differently when at home vs. camp? (Shabbat, kashrut, tefillot, cell phone, no family etc., homework, school stress).
- b. How do these differences alter your camp-experience and personal freedom?
- c. How can you implement these changes back at home (incorporating Jewish elements in daily life, maintaining relationships outside of camp, retaining aspects of camp "mindfulness", etc)?
- d. How is your personal freedom changing in your transition to high school?
- e. How does our camp promote a welcoming community? How can we be a more welcoming community?
- f. What ideas/things can you take with you through this summer and beyond that can be used as a reminder for retaining an attitude of gratitude?

Conclusion:

Form together as a whole Edah and have representatives from every group talk about some of the ideas that were brought up in the respective discussions. For the next few weeks, we will be free from our individual lives and coming together as a Bogrim community. The key component for our joint living to be awesome is building trust by supporting each other as well as being supported by the others around us.

Sing Redemption song if time allows.