

Shoafim Peulat Shabbat *Week 2*

Theme: Trust

- Tell campers beforehand to come with a long sleeved shirt with them. They don't know why yet.
- Split up Edah into 8 groups of 10.

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- Once they're in the groups the group leader will tell the campers to put on their blindfolds.
- Leader of group will read through a list of "step forward if you've ever..." and campers will participate
  - Step forward if you've ever.../step forward if you...
    - Like Shabbat brownies
    - Promised something to someone
    - Fulfilled a promise
    - Broken a promise
    - Made a promise you couldn't keep
    - Had one person you trusted above everyone else
    - Had that person have your back
    - Had that person let you down
    - Been afraid to tell someone the truth
    - Had a friendship ruined by a broken promise
    - Doubted someone's promise
    - Broken a promise to your parents
    - Broken a promise to your siblings
    - Felt good about helping a friend
    - Helped a friend without being asked
- After this ends, tell campers to remove their blindfolds
- Gather campers in a circle for a discussion about what they just did
  - Questions for discussion:
    - How did it feel when someone fulfilled a promise to you and when you fulfilled a promise to someone else?
    - How did it make you feel when someone let you down?
    - Why do you think people make promises they can't keep?
    - Why is it sometimes hard to keep a promise?
    - What are the benefits of keeping a promise?
    - What's an example of a time you kept a promise to a friend?

After this discussion, the leaders of the group will have the kids play as many of these games they have time for.

- 1) Human Knot- This game can't be solved with just one person. They have to trust each other in order to solve this problem
  - a. One round speaking

- b. One round silent
- 2) Hula Hoop game: Campers stand in a circle with hula hoop in the middle. They all have to have a finger touching it at all time and need to work together to bring the hula hoop to the floor. If they mess up they have to start all over until they get it.
  - 3) Counting to 10: Campers all close their eyes and must count to 10 together. If more than one person says a number at the same time they have to start again from 1.

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Group 1: Shula

Group 2: Sam Landes

Group 3: Abigail

Group 4: Carmi

Group 5: Sally

Group 6: Nathan

Group 7: Eric

Group 8: Maya