

Peulat Erev – Get more comfortable with A-side, first night of camp (2nd session)

Goals:

- to get more comfortable with A-side
- edah unity/teamwork in groups
- building a relationship through trust with a partner

Objectives:

- associate names with buildings or places (ex. Beit am aleph, moadon, lower migrash)
- each person in the pair must participate in order to accomplish the task
- getting to know at least one person very well, and learning 4 other names

Activities:

(everyone is dressed as a famous pair or couple)

- 3-legged race
- wheel barrow race
- basketball competition
- carrying rocks on spoons
- coke and pepsi
- musical chairs

Locations:

- 3-legged race → lower migrash soccer field
- wheelbarrow race → adjacent to lower migrash soccer field
- basketball competition → a-side basketball courts
- carrying rocks on spoons → near the swings (upper migrash)
- coke and pepsi → middle of upper migrash
- musical chairs → right outside moadon solelim

Explanation of activities:

- 3-legged race → one person in each pair will be asked to bring a long sleeve shirt to peulat erev (they will be asked at the end of our peulat edah). The pair will tie this shirt around the inner leg of each person in the pair, then the pair must walk from point a to point b.
- wheelbarrow race → one person in each pair lies face down on the ground. The other person picks up his/her legs and together they must walk from point a to point b. half way through they will switch positions.
- basketball competition → there are 6 passers (3 pairs) and 6 other people (each from a different pair) will line up at one end of the court, and each of their partners will line up at the other end of the court on the opposite side. Each pair has to make three shots.
- Carrying rocks on spoons → one person in pair will hold a spoon in his or her mouth. On the spoon there will be a rock, the person has to walk from point a to point b. then their partner must do the same thing to get from point a to point b.
- coke and pepsi → classic bar/bat mitzvah game. 5 people from different pairs stand on one side of the migrash and five people stand on the other side. One side is labeled coke and the other pepsi. When the leader yells 'coke' all the people on the coke side have to

run over to the pepsi side. The last person over gets out with his/her partner. You can add in sprite, which is freeze, or seven up which is where they meet in the middle.

-musical chairs → five chairs will be set up with music playing. Five people from different pairs rotate chairs until music stops. The leader of this activity will quickly remove a chair, and the person left with no chair is out.

Rotations and logistics:

-at the end of peulat edah, everyone will be told of their partners and who they have to dress up as. One person in each pair will be told to bring a long sleeve shirt to dinner. Each person in the edah must come dressed as their characters to dinner. (ex. Ketchup and mustard, Michelle and Obama, salt and pepper, bert and ernie, day and night, sky and earth, etc.)

-there are essentially three sets of groups. The first is the individual pairs, the second is 5 pairs (10 people) that will be doing each activity together. The third is 15 pairs (30 people) who will be walking either down to the lower migrash together or to the upper migrash together. When I refer to groups, I will be referring to the 5 pairs that will be doing activity together.