**The Yom Ragil Challenge**

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Makom: Beit am Bet

Goal of the peulah: Go through a yom regil of magshimim, build kehila for tzad bet

Mashehu meyuchad:

**Materials:**

* Markers
* Paper
* 6 maps of israel
* 6 rolls of toilet paper
* 6 hula hoops
* 6 oreos packets

Process

* Setup: Have everyone laying down in their groups pretending to be asleep
* 6 kvutzot

Directions

1. Kima
   1. Make the perfect wake-up playlist that represents your entire group
      1. Each group member must contribute one song to the playlist and explain why it is valuable to the playlist
2. Tefillot
   1. Think of a tune to a song for a prayer of their choice (adon olam, modeh ani, etc.)
3. Aruchat Boker
   1. One member of the group must eat an oreo off their face (face the cookie)
4. Nikayon
   1. Mummy wrap a group member, and once cleared by a madrich, unwrap the mummy and throw all trash away.
5. Menucha
   1. Game pauses for 1 minute.
      1. The team that is the most silent wins the most points
6. Limud
   1. Label as many circled landmarks on a map of Israel as you can
7. Zman Roo
   1. Sing the fighting roo song and come up with dance, then have a madricha video tape it
8. Bechirot
   1. Each group will stand in a circle holding hands with their eyes closed where they have to pass the hula hoop through them around the circle
9. Peulat Erev/ Harga’ah
   1. Talk about the transition from tzad aleph to tzad bet and how that connects with maturing and leaving some things behind. (more free time=more trust, leadership with tzad bet, seeing nivonim every day)
   2. Pass out notecards and ask them what past things/actions/characteristics they want to leave back on tzad aleph or if the people are new what they want to leave behind. If they are new to camp they can say anything from the past they want to leave behind.
   3. Have them write what they want on the notecard and remind them to bring it tomorrow for the medurah (they will burn them). Let them take a while to think about what they write.
   4. Ask what you’re most excited for on tzad bet.