**YOM SPORT KOCHAVIM STYLE**

Goal: Give hanichim a taste of the rest of the summer, Learn more about kabbalat Shabbat and Havdalah

Supplies:

* 2 posters
* Markers
* Plastic cups
* Shabbat tea candle
* Havdalah candle
* Beach ball
* Points sheets\*

Tzevet need to be wearing black!

**Teffilot**

Keep kochavim for an extra minute. Everyone should say “Hayom yom sport!” One person explains that an important camp tradition every year is to have a competition between different kvutzot which represent different colors. This kayitz the theme is kabbalat Shabbat, and kochavim will be divided into kabbalat Shabbat – lavan – and Havdalah – cachol. Madrichim will be the shoftim, judges.

**Nikayon**

Read off lists of which hanichim are on which kvutzah and have them change into that color. Nikayon will “count as an event” which will hopefully inspire them to work hard!

**Peulat Edah**

Gather under the kochavim tree and present the two options (below). Loose maximum of 4 hanichim per team on the poster.

Option 1: Poster making

Make a “banner” (poster) for your team! It should have only Hebrew – you can ask your madrichim for help – and include

Supplies: Markers and posters

Have them switch out between activities in Option 2 if other kids really want to do poster making.

Option 2: Mischakim

Activity 1: Shabbat Relay

Back and forth across the migrash, passing a cup for “grape juice” between them

Activity 2: “Pterodactyl”

Game where you can’t show your teeth

Gafen 🡪 Normal one where it passes to the next

Esh 🡪 Reverses it (act out fire)

Activity 3: Keep it up with a beachball – if there’s extra time

**Aruchat Tzohorayim**

Etiquette lunch! Get points for politeness and neatness.

**Aruchat Erev**

“We’ve got ruach” chant between kvutzot.

**Medurah**

Presenting the team’s banners! Announce winners of

* + Best Ruach – Ruach
  + Most Athletic – Achi Sporti
  + Best Sporstmanship – Rachmanut
  + Best Banner – Degel Achi Tov