## משעה באב Sunday, July 29, 2001

Breakfast	ארוחת בוקר	8:50
Shacharit	שחרית	9:30
Perek Alef	פרק א	10:30
Perek Bet	פרק ב	11:20
Perek Gimmel	פרק ג	12:10
Mincha	מנחה	1:25
Lunch	ארוחת צהרים	2:30
Rest hour/"nika	ayon" שעת מנוחה / נקיון	3:15
Perek Daled	פרק ד	4:00
Perek Hay	פרק ה	4:50
Free time	חופש	5:30
Evening dinner	ארוחת ערב	6:30
Evening program	פעולת ערב	7:30
Maariv	מעריב	8:45
Late dinner	ארוחת ערב	9:00

Instead of swim, there will be Peulat Edah.

Sunday night, there is no full Havdalah - Bracha is said only over the wine.

According to tradition, boys could fast until lunch if they are under 13 and girls under 12.

## TISHA B'AV JULY 28, 2001

- 6:30 Dinner
- 7:30 Kavanah
- 8:15 Free time/prepare for evening program (wear appropriate clothing, no leather shoes..)
- 8:40 A SIDE ONLY Meet at tennis courts (in case of rain, the Beit Am Alef) for Maariv, Havdalah, and Eicha reading. After program, all campers return to their bunks.
- 8:55 B SIDE ONLY Meet at basketball court (in case of rain, the Beit Am Bet). A short study period will be followed by Maariv, Havdalah and Eicha. After program, all campers return to their bunks.
- 11:00 Full Eicha reading will be held in the Beit Am Alef.