Machon/Nivonim Etgar 2015

Tikkun Olam: Boston Community Service

*Subject to Change*

**Monday, July 6, 2015**

9:00am – Groups 1 and 2 leave Palmer for Boston!

10:30am – Groups arrive at Temple Reyim; drop off bags, and food, and regroup for the day.

 Re-board busses for afternoon projects:

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| Group 1: 12:00pm – Lanes and Games Bowling! * Start off the trip with some group bonding and friendly competition.
 | Group 1:11:30am – 2:30pm – Needham Community Farm* The Program will introduce campers to the food gap from the global to the local levels including the needs of families here in Needham. The program will emphasize the ties between global struggles for healthy food and the concrete action steps that youth can take to create positive change in their own communities.
* Learn to work on a real farm – and contribute to helping the farm thrive!
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3:00pm – Both groups return to Temple Reyim to prepare for the next day, relax, unwind, and make dinner.

**Tuesday, July 7th**

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| Group 1:10:15am – Needham Community Farm* The Program will introduce campers to the food gap from the global to the local levels including the needs of families here in Needham. The program will emphasize the ties between global struggles for healthy food and the concrete action steps that youth can take to create positive change in their own communities.
* Learn to work on a real farm – and contribute to helping the farm thrive!

2:00pm – Canoeing and Kayaking on the Charles River* Learn about the ecology of the Charles River, and experience what makes it an iconic Boston landmark.
 | Group 2:9:00am – 1:00pm – Pine Street Inn* Founded in 1969, Pine Street Inn serves more than 1,600 homeless individuals daily and nearly 9,000 annually, providing the full spectrum of services to help men and women reach their highest level of independence and get back to a place they can call home.

 The Mission Of Pine Street Inn Is:* To be a community of respect and hope for each guest it serves;
* To be a resource through which neighbors and friends can help to meet the basic needs of others; and
* To serve as a national leader in the fight to end homelessness.

2:00pm – 3:30pm – Lanes and Games Bowling |

Approx. 4:30pm – Return to Temple Reyim for debrief, relaxing, and making dinner.

**Wednesday, July 8th**

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| Group 1:10:00am – 1:00pm – Cradles to CrayonsCradles to Crayons provides children from birth through age 12, living in homeless or low-income situations, with the essential items they need to thrive - at home, at school and at play. We supply these items free of charge by engaging and connecting communities that have with communities that need.The ModelCradles to Crayons collects new and nearly new children's items through grassroots community drives and corporate donations. Donations are then processed and packaged by volunteers, and are distributed to disadvantaged children across the state through a collaborative network of social service agencies and school partners.1:30pm – Family Table* JF&CS Family Table is the largest kosher food pantry in New England. We provide healthy, nutritious food on a monthly and emergency basis to individuals and families in need. We are presently serving more than 400 families every month. Family Table is committed to providing food that meets nutritional and spiritual needs. Participants receive groceries including fresh produce, dairy, protein rich foods, personal hygiene products, and Jewish holiday and ritual items such as challah and Shabbat candles. We promote healthy eating by offering balanced and nutritious food items and by collaborating closely with JF&CS Nutrition Services to provide education about eating healthy
 | Group 2:12:30pm – 2:30pm – Community Harvest Project* At our farms in North Grafton and Harvard, MA, thousands of volunteers come together every year to help plant, tend and harvest hundreds of thousands of pounds of fresh fruits and vegetables for their neighbors in need. In Worcester County, over 99,000 people utilize hunger relief services through local food pantries, soup kitchens and shelters. Community Harvest Project provides a consistent supply of high quality, highly nutritious, fresh fruits and vegetables that are distributed throughout these hunger relief organizations.

3:30pm – Canoeing/Kayaking on the Charles River* Learn about the ecology of the Charles River, and experience what makes it an iconic Boston landmark.
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Approx. 5:30pm – Return to Temple Reyim for debrief, relaxing, and making dinner.

8:00pm – INSIDE OUT @ West Newton Cinema

**Thursday, July 9th**

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| Group 1:12:30pm – 2:30pm – Community Harvest Project* At our farms in North Grafton and Harvard, MA, thousands of volunteers come together every year to help plant, tend and harvest hundreds of thousands of pounds of fresh fruits and vegetables for their neighbors in need. In Worcester County, over 99,000 people utilize hunger relief services through local food pantries, soup kitchens and shelters. Community Harvest Project provides a consistent supply of high quality, highly nutritious, fresh fruits and vegetables that are distributed throughout these hunger relief organizations.
* BACK TO CAMP!
 | Group 2:10:00am – 1:00pm – Cradles to CrayonsCradles to Crayons provides children from birth through age 12, living in homeless or low-income situations, with the essential items they need to thrive - at home, at school and at play. We supply these items free of charge by engaging and connecting communities that have with communities that need.The ModelCradles to Crayons collects new and nearly new children's items through grassroots community drives and corporate donations. Donations are then processed and packaged by volunteers, and are distributed to disadvantaged children across the state through a collaborative network of social service agencies and school partners.2:00pm – 3:45pm – Family Table* JF&CS Family Table is the largest kosher food pantry in New England. We provide healthy, nutritious food on a monthly and emergency basis to individuals and families in need. We are presently serving more than 400 families every month. Family Table is committed to providing food that meets nutritional and spiritual needs. Participants receive groceries including fresh produce, dairy, protein rich foods, personal hygiene products, and Jewish holiday and ritual items such as challah and Shabbat candles. We promote healthy eating by offering balanced and nutritious food items and by collaborating closely with JF&CS Nutrition Services to provide education about eating healthy
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~4:00 PM – leave to head back to Palmer!