

Tzad Aleph Yom Sport Schedule - Aug 9, 2015

Time	Activity	Location	Rain Location
7:00	1. Kima	Tzrifim	Tzrifim
7:45	Tfilot	Mirpeset Hagedolah	Mirpeset Hagedolah
8:30	Aruchat Boker	Chadar Ochel	Chadar Ochel
9:15	Nikayon	Tzrifim	Tzrifim
10:00	Team Meetings (Sign up for Prakim)	Team Moadonim	Team Moadonim
10:45- 11:30	Perek Aleph	See Purple Sheet	
11:35- 12:20	Perek Bet	See Purple Sheet	
12:25-1:10	Perek Gimmel	See Purple Sheet	
1:15	Aruchat Tzohorayim	Tzrifim Mirpasot/Migrash	Tzrifim Mirpasot
2:00	Menucha	Tzrifim	Tzrifim
3:00	Option 1: Yom Roo	Option 1:	Option 1:
	JV Girls BBall	Beit Am Gadol	Peulot Tzrif (in Tzrifim)
	JV Boys Softball	Tzad Bet Softball Field	
	Varsity Soccer	Tzad Aleph Lower Migrash	
	JV Volleyball	Tzad Bet Volleyball Court	
	Option 2: Peulot Tzrif Activities (indian chief, psychiatrist, muffin, ninja, pterodactyl,	Option 2: Tzad Aleph Lower Migrash	

	etc.)		
4:15- 4:50	Team Meetings (teach song)	Team Moadonim	Team Moadonim
5:00- 5:25	Apache	Tzad Aleph	Beit Am Aleph
5:30- 6:20	Closing Ceremony	Tzad Aleph Upper Migrash	Beit Am Aleph
6:30	Aruchat Erev	Chadar Ochel	Chadar Ochel
7:15	Shower Time	Tzrifim	Tzrifim
8:15	Movie	Tzad Aleph Tennis Courts	Beit Am Aleph
9:00	Option to return to tzrifim (Madrichim on shmira must return to tzrifim at this time)	Tzrifim	Tzrifim
9:45	Lila Tov	Tzrifim	Tzrifim

Team Moadonim:

White & Orange – Mirpeset (Team 1)

Green & Purple - Moadon Solelim (Team 2)

Yellow & Blue - Moadon Ilanot (Team 3)

Red & Black - Beit Am Aleph (Team 4)

Tzad Aleph Yom Sport P'rakim

All locations are on tzad aleph unless otherwise specified**

Perek Aleph

Ila/Koch	Charades (Mirpeset) Ianne Sherry	Soccer (Upper migrash) Elad Dorenbust	Freeze Dance (Bet Am Aleph) Galia Bernat	Kickball (Softball field) Liran Bromberg	Banner (Tennis courts) Shara Safer Vega Watts Ofir Shai Michael Anfang
Sol/Sho	Apples to Apples (Gazebo) Elena Schwartz	Gaga (Gaga arena) Stephanie Gold	Soccer (Upper migrash) Jack Goldberg	Magic (Moadon Solelim) Gefen Kabik	Banner (Tennis courts) Ellie Finberg Ronnie Kehat Rebecca Furth Rachel Rochelson

Perek Bet

Ila/Koch	Gaga (gaga arena) Ianne Sherry	Capture the flag (upper migrash) Galia Bernat	Uno (gazebo) Elad Dorenbust	Magic (Moadon solelim) Liran Bromberg	Newcomb (Volleyball courts) Ariella Liebman	X
Sol/Sho	Knockout (Basketball courts) Elena	Pillow Polo (Upper migrash) Stephanie	Sing off (mirpeset) Stephanie	Roofball (tzrif 5) Gefen	Dance choreograph (Sho only) Eli	Create Team Song (Sho only) Eli

	Schwartz	Jack Goldberg	Gold	Kabik	Eve Stein Reut Dei Taylor Elgarten Alan Daniel	Greisman Kobe Nachenberg Shua Klein Johanna Garfinkel
--	----------	---------------	------	-------	---	--

Perek Gimel

Ila/Koch	Pillow polo (Upper migrash) Micah Cowan	Knockout (basketball courts) Maddie Dworkin	Roofball (tzrif 5) Jillian Singer		Learn Dance (Shoafimers teach Ila/Koch/Sol/Sho) Eve Stein Reut Dei Taylor Elgarten Alan Daniel	Make Palmer signs (moadon ilanot) Sarah Schneider
Sol/Sho	Newcomb (Volleyball) Tova Bensen Tilsen	Capture the Flag (Upper migrash) Akiva Schiff	Kickball (softball field) Max Samuel	Swimming + sand activity (agam) max 25 Hannah Rabinowitz Julian Tobal	Learn Dance (Shoafimers teach Ila/Koch/Sol/Sho) Eve Stein Reut Dei Taylor Elgarten Alan Daniel	Make palmer signs (moadon ilanot) Ellie Finberg

KOCHAVIM/ILANOT APACHE 2015

Sun Location: Medurah spot outside marp to Machaneh Gimel

Rain Plan: Watching everything and cheering. wooo

SIGN UP THE CHANICHIM ONCE THEY ARRIVE AT THE MEDURAH SPOT

1. Over under with a ball with the entire team from **walk on Riverside sign to the medurah spot**, last person in line will do next event (whole team!)

2. Spin around 3 times and run **from Medurah to Marp ramp**(1 per team)

3. Draw your rosh edah (1 Koch, 1 Ila)

4. Perform chorus of ziben ziben (4 per team)

5. Spoon race with ping pong balls **from ramp to entrance of Sif basement** (1)

6. Whistle hatikvah while eating saltines (1 per team)

7. Throw frisbee to partner, **from Sif basement stairs to garbage dump** (2 per team)

8. Sing Shir Ramah (2 people per team)

9. Hop on one foot **to the entrance to Bet Am Bet** (1 per team)

10. Charades - get your madrichim to guess correctly (3 charades, 6 per team)

One madrich: _____

11. Leap frog **from one end of Bet Am Bet to the other**(6 per team)

12. Make your madrich laugh so hard they spit out water (1 per team)

One madrich: _____

13. Mayim Step **from Bet Am Bet to Bet Am Gadol** (2 per team)

14. Order the weekday matbea (1 per team)

15. Crab walk in BAG **from entrance to foul line**(1 per team)

16. Make a foul shot in BAG (1 per team)

17. 5 fun facts about Evelyn (1 per team)

18. Sprint to machaneh gimel (1 per team)

Materials

1. 4 Spoons
2. 4 ping ping balls
3. Matbea things
4. 4 Basketballs
5. 4 soccer balls
6. Saltines
7. 4 pieces of paper
8. Markers

	Team Wide	Migrash
Team wide over under in the center of the migrash (team wide)		
Leap Frog	4	over under line
Draw your Rosh	1	BAA Ramp
Hop on one foot	1	Stairs of the BAA
Sprint	1	Tzrif 5
Foul Shot: four tries	1	Tzad Alef Basketball Courts
Spoon Race with Ping Pong Balls	1	Tree on the lower migrash
Three legged race	2	Tzrif 30
Creare Israel out of sticks, pine cones, and sand	2	Trees next to Tzrif 10
Sponge bucket race	2	tzrif 10
Find a stick of gum in a tin of whipped cream and blow a bubble	1	Picnic Table
Human Pyramid	6	migrash in front of 15
Spin 4 times around and then throw a Frisbee to partner and back	2	in front of tetherball in front of tzrif 15
Group Mayim step	3	in front of tetherball in front of tzrif 15
10 jumping jacks	1	Gelbs House
Make your Madrich laugh so hard that they spit water	1	
Flip Cup, Flip cup from upside down to right side up with three fingers	1	Gan Table Tent
Wheel barrow to Tzrif 21	2	Gan Table Tent
Say Hebrew alphabet backwards	1	Tzrif 21
Sprint to Tzrif 15	1	Tzrif 21
Ice bucket challenge	1	Tzrif 15
Sprint to Volleyball courts	1	Tzrif 15
Shuttle run on volleyball courts	1	Tzad Alef Volleyball Courts
Say Rad Hayom back wards including screaming your Edahs name	2	Moadon Ilanot
3 camp trivia questions	2	Misrad Porch
Hop to Moadon Solelim	1	Misrad Porch
Sing edah song from each edah	4	Moadon Solelim

Walk 1 foot right in front of the other	1	Moadon Solelim
Crab Walk to Ilanot Medurah Pit	2	Moadon Solelim
Dribble soccer ball around cones	1	Ilanot Medura Pit
Name all a-side tzrifim numbers blindfolded in order starting with tzrif 1 and ending with 25 going around the migrash	1	Tennis Courts
Drink a full baby bottle	1	Basketball Court
Score a basketball shot into a trashcan	1	Basketball Court
Jumping rope from the basketball courts to Tzrif 9 Merpeset	1	Basketball Court
Spread cream cheese on matzah without breaking it	1	Tzrif 9 Merpeset
Barrel role to tzrif 8	1	Tzrif 9 Merpeset
Remove shaving cream from a balloon with a plastic knife	1	Tzrif 8 mirpeset
Sing Shir Ramah without showing teeth	1	on Tzrif 7
Swimming on the ground to Welcome to Tzad Alef Sign	1	Tzrif 7
Water Balloon toss with each person catching an throwing it three times	2	Welcome to Tzad Alef Sign
CLOSING CHALLENGE: pass cups of water down the line to fill a bucket and make a ping pong ball fall out of the bucket	Team Wide	Welcome to Tzad Alef Sign