Nivonim 2019 Etgar Packing List

Please pack two bags. One overnight bag that you will not have access to during the day, and one day bag that you will carry with you on the hike, and to rafting.

**Overnight Bag**

* Appropriate clothing for two days of outdoor activities
	+ Bring swim clothes for rafting
* Water shoes for rafting (water shoes should have a backing)
* Sleeping clothing
* Extra pair of socks and underwear
* Toothbrush & Toothpaste
* Flashlights
* Sleeping Bag--can be separate from bag if needed.
* Kippah

**Day Bag**

* Water Bottle
* Sunscreen
* Bug Spray
* Windbreaker
* Packed Lunch

**To Wear Day Of**

* Hiking Clothes
* Closed toed hiking shoes or sneakers
* Hat
* Kippah