

Tisha B'Av Peulat Tzrif for Tzad Aleph

Erin Danzig
Jonas Sullivan
Romane Goldmuntz

30 - 50 Minutes

Serious peulat tzrif about the importance of taking a stand

Goal/theme: understand discrimination, some of the different reactions each side can have as human being, jewish values of the Amidah and a debate to know if we always should stand up for what we believe

Supplies:

- 4 posters (1 with “perpetrator”, 1 with “target”, 1 with “bystander” and 1 with “upstander”) placed at 4 different places around the room

Location: any indoor space

Program:

- Introduction (for one madrich to read—the other madrichim should participate in the program like the chanichim): Our camp-wide theme this summer is Amidah. Amidah means to stand up. This activity is about what it means to stand up for what is right. We will do the first part of the activity in silence. Everyone should try to be as honest as possible, and should only worry about themselves—you should notice where your fellow tzrif-mates are going, but do not comment or judge them. The most important thing in this activity is respect—please respect everyone else. Everyone please stand in the center of the room without talking. Notice that on each of the four walls, there is a word. [Ask the kids what each word means to make sure they know.] I’m going to read some scenarios. After I finish reading the scenario, please walk silently over to the sign that most closely represents how you have behaved in that scenario, or how you would behave if you ever found yourself in that situation. Be honest. Do not judge others.
- Madrichim then read the following scenarios, one at a time. Give everyone time to walk over to a sign. Notice where everyone is. Do not do this too quickly—2-3 minutes for each scenario.
 - A disagreement with a friend led to yelling
 - Cheating on a test at school or at a game
 - Someone caught another person for something that I was responsible for
 - Someone being unfairly accused or unfairly treated
 - Being told that you are not good enough
 - Being called names that you did not want to be called
 - Being afraid to be someone's friend because s/he looked different or wasn't considered cool
 - Doing something you did not want to do because other people pressured me to do so
 - Doing something but blaming it on someone else
- Gather the tzrif in circle and process what happened using these discussion questions (or others)
 - How did you feel during the activity?
 - Were you totally honest about it?
 - Did you ever wish that you had acted in another way for a particular situation?
 - Is it different when you are facing adults or somebody of your age?
 - Is it different when you are facing one person or several?
 - Is it always good to stand up for yourself or what you believe in?
 - Connection to 9 Av. Why are talking about this today?