

Yom Five Senses

7:40 Tefilot

8:30 Breakfast

9:15 Nikayon

10:00 – 10:50 Challah making and blindfolded taste tests → split into 4 groups, ½ does challah and half tastes, then switch. Counselors please instruct campers in making dough. Taste Tests- before you begin discuss shapes smells textures and tastes of different foods, then blindfold and give each camper a sample of each food.

11:00 – 11:50 Song Making → play songs (dark side of the moon, different languages), discuss types of music and instruments and how we can use our bodies to make music. Separate into groups (vocal, percussion, string, shakers) and play music, then Jared will come around and record each group.

12:00- 12:50 Obstacle Course → body traces, over under benches, parachute tunnel

1:00- 1:45 Lunch

1:45 – 2:40 Shaat Menucha and change into swimsuits

2:45 – 3:30 Water Fight

3:30 – 3:50 Change into dry clothes

3:50 – 4:45 Dark and Light (Blind demo room- black out bunk windows and try to make a bed and tie dye with color wheel)

4:50 – 5:30 Sensory Twister- plates of sand, cooked spaghetti, cornstarch/water, cotton balls

5:30 – 6:25 Showers

6:30 – 7:15 Dinner

7:15 Peulat Erev- make silly putty with glue and liquid starch

- ii. It was a great YM! The campers loved all of the hands on activities and exploring their senses. They also liked how each activity matched the theme of the equivalent perek for our Yom Yom (ie challah baking for yahadut, obstacle course for sport, etc). Especially great were the taste-testing and the blind simulation. The campers really tried to pretend what it was like to be blind. Sensory twister kind of broke down after a few minutes because the campers were tired, but overall it went really well!