YOM KESHET

7:40: Tfillot

*Break out Yom via teaching bracha for Rainbow (lol)*

8:30: Aruchat Boker

9:00: Nikayon

10:00: Rainbow Searching

11:00: Candyland

12:00: Rainbow Mess

12:45: Change

1:00: Aruchat Tzohorayim

2:00: Menucha

3:00: Tie dye and sport with Nivonim -- chanichim may choose whatever option sounds like more fun to them.

4:00: Iron Chef: Taste the Rainbow

5:30: Machon Peulah

6:30: Go to Aruchat Erev

6:45: Aruchat Erev

7:30: Peulat Erev

8:20: Lilah Tov

10:00 -- NOT lower migrash and tennis courts, rest of tzad aleph

11:00 --

12:00 -- BAB

3:00 -- Lower Migrash

4:00 -- BAB

Peulat Erev -- BAG

**Choose Your Own Adventure:**

Run through:

The chanichim will be in their groups with a counselor assigned to each kvutza. They will go around to each location to complete one of the two tasks at each station. After they complete each task they will receive a colored piece of paper and at the end they will have a “rainbow” of colored pieces of papers.

Stations:

|  |  |  |
| --- | --- | --- |
| Short | Long | Location |
| * Sponge relay (water from one bucket to another) ---- SLOWER   + Full bucket at start and empty bucket at finish   + Objective: get water from full bucket to empty bucket   Stand in a line BEHIND start bucket  First person fills sponge in water then runs to the other bucket to squeeze it out  Repeat with next person in line until end bucket is full | * Over under   + Full bucket at start and empty bucket at finish   + Objective: get water from full bucket to empty bucket   Line up IN BETWEEN the two buckets  Chanichim must bring the sponge to the empty bucket by passing it over the head of one chanich then under the legs of the next chanich (and so on and so forth) | * Basketball courts |
| * Hula Hoop Challenge   + Five at a time, all chanichim must Hula Hoop for 20 seconds | * 3 Legged Race   + Three legged race from start to finish   + Grass outside gan | * Upper migrash |
| * Leapfrog   + Every chanich/a in the group must participate in 1 round of leap frog to continue   + Start at tetherball | * 2 by 2 crab race   + Two people sit back to back and link arms and have to go from point a to point b   + Tetherball to the gaga pit | * Upper migrash |
| * Ping Pong Spoon Relay   + all chanichim need to pair up and put an egg on a spoon and walk to their partner across the room | * Pantyhose Game   + Get 4 chanichim volunteers   + There will be a ball at the bottom of pantyhose and you’ll need to knock over a water bottle by putting the pantyhose on your head | * Basketball courts |
| * Cup pyramid   + You must make a pyramid with (solo) cups | * Scary Ball   + The game Ed Gelb played with us at our last JC/SC meeting   + If you weren’t there, you have all the chanichim stand in a circle   + You stand in the middle of the circle and tell them to put their hands by their sides   + You toss the ball to each chanich in a circle and try to fake them out   + If they move/flinch before you actually toss the ball to them they’re out and should sit in their place | * Cup= In tent outside omanut Building * Scary ball= right outside Omanut tent |
| * Come up with 7 similarities between the entire group | * Line up in age order without talking | * Mirpesset |
| * Do your favorite migrash dance | * Hit a volleyball up in the air for 30 seconds with your kvutzah | * Volleyball courts |
|  |  |  |

Hey Solelim and Shoafim! Welcome to Choose Your Own Adventure!!!

Somewhere over the rainbow lies a pot of gold and it’s your kvutzah’s job to find it first! At each station you have the option to take one of two paths. One path will be shorter and one will be longer. The goal of this peulah is to complete one task at each color as quickly as you can! The locations for each of the stations are as follows:

Locations:

1. Volleyball courts
2. Mirpesset
3. Basketball courts
4. Upper migrash (Tetherball)
5. Next to Omanut tent
6. Upper migrash (Grass outside gan)

You can start at any station you would like and go in any order your kvutzah wants to. The staff member from your kvutzah will come up to get a map and you can seek your pot of gold.

**Minute to Win It Games**

**Goals**: Fun, supporting their team, getting everyone involved

**Activity:** Each team sends up a participant for each activity, and whichever team has their participant win the most activities wins

**Activities**:

1. Keep up the balloon but they’re covered in shaving cream
2. Bobbing for apples
3. Use a straw to blow a cup off the edge of a table
4. Bounce a ping pong ball onto a piece of bread with sun nut butter on it
5. Blow a bubble and then try doing direct it into a hoola hoop
6. With Vaseline on their noses the kids have to move cotton balls from one bowl to another
7. Cup stack- one minute to stack as many cups as you can
8. Face the cookie- get a cookie in their mouths from their foreheads
9. Mummy- wrap a teammate in toilet paper- whoever uses the most rolls wins

Peulat Erev:

Art and Science Night!!!

Stations:

* <http://thestemlaboratory.com/walking-water-rainbow/>