

## Yom Meyuchad: Yom Shanah

### Schedule

8:30	Breakfast
9:15-9:45	Arts and Crafts
9:45-11:00	Fall related games Beit HaMikdash box game Apple Basket game (rolling) Relay race/ obstacle course to get 4 minim Torah dressing game – simchat torah
11:00-11:25	Snack: Apples and Honey + changing into bathing suits
11:25-12:15	Hannukkah Capture the Flag
12:15-12:45	Snowball fight (slip-in-slide) (Tu-B'Shvat)
12:45- 1:00	Changing
1:15-1:45	Lunch
1:45-3:30	Nikayon and Menucha
3:30-4:10	Purim mask decoration + activity
4:10-4:55	Passover seder plate creation out of candy
4:55-5:55	Human fooseball
5:55-6:30	Changing/walking to dinner
6:30-7:15	Dinner
9:15-9:45	<u>Arts and Crafts</u>

Goal: Create a handheld timeline with major events during the Jewish year that the campers can take home

Location: Moadon Ilanot

### Materials:

75 Brass Fasteners  
14 Poster boards  
70 Markers  
2 Heavy Duty Scissors  
21 Pens (3 per team)

### Prep:

- Cut posterboard into enough palm-sized circles so that every camper has 2
- In half of the circles cut out a quarter
- Create a large timeline for the campers to copy onto their personal timelines
- Create an example of the final product

### Instructions:

1. Introduce the Yom Meyuchad
  - a. Yom Shanah
  - b. Talk about how we're going through the Jewish year by seasons

- c. Announce 8 teams
2. Introduce the program
  - a. We're creating handheld timelines to guide us through the year
  - b. Split up into 8 teams
3. Every camper receives markers and a full circle
4. The campers recreate the timeline onto their circle
5. The finished campers receive a circle with a quarter of it cut out and decorate it
6. When completed, a counselor will insert a brass fastener into the middle of the two circles

9:45-11:00 Fall Related Games

Goals: Introduce campers to other campers in the edah  
 Introduce fall Jewish holidays to the campers  
 Teamwork

Locations: Beit HaMikdash Box games – upper migrash  
 Apple Basket Game – hill behind bunks 7, 8, and 9 from upper to lower migrash  
 Relay Race – A side tennis courts  
 Simchat Torah – Moadon Ilanot

Beit HaMikdash Box Game:

Goals: Teamwork  
 Understanding about how Sukkot is related to the Bet HaMikdash

Materials:  
 10 Closed Cardboard boxes

Instructions:

1. Each team receives 5 boxes
2. The boxes must be arranged so that every box has two sides touching other boxes

Apple Basket Game:

Materials:  
 4 baskets  
 30 tennis balls  
 5 softballs  
 2 trashcans

Prep:

- Put buckets with balls at the top of the hill

Instructions:

1. Explain instructions below
2. 2 campers from each team should go to the hill at a time
3. The counselor should drop a tennis ball (apples) or softball (not apples) every few seconds
4. The campers' goal is to catch as many apples (tennis balls) in their baskets as possible without catching any softballs

#### Relay Race:

##### Materials:

- 6 benches
- 2 sets of 3 types of garden weeds – pre-picked
- 2 lemons

##### Prep:

1. Pick 2 sets of three types of weeds
2. Set up benches in form of 2 similar obstacle courses
3. Place weeds and lemons at the end of the obstacle course

##### Instructions:

1. Teams line up in front of obstacle course
2. Two people, one from each team, will go through their respective obstacle courses
3. At the end of the obstacle course the camper will touch one of the lemons and yell its name
4. The camper will then go through the obstacle course the other way and tag the next team member to go through the obstacle course next

#### Torah Dressing Game:

##### Materials:

- 6 Posterboards
- 4 belts
- 2 sheets of silver paper from Omanut
- Tape
- 2 pieces of string
- banner paper

##### Prep:

1. Tape 2 pieces of posterboard into 1 cylinder x2
2. Cut silver paper into silver plates
3. Hang the sheets of silver paper with the string

##### Instructions:

1. Goal is for each team to dress to "Torahs" as quickly as possible
2. Each team chooses 2 people to be their torahs
3. The banner paper is taped to the sides of the two team members

4. The team members have to roll together so that their torah is ready to be dressed
5. First the belt goes around their waist
6. Then the poster board covering is put on
7. Finally the silver plate is draped

11:00-11:25 Snack: Apples and Honey + changing into bathing suits

Materials:

- 70 apples cut into quarters
- 4 Bowls
- Honey

Instructions:

1. Explain that on Rosh HaShanah we eat apples and honey to wish a good new year
2. Campers also must change into their bathing suits and put sneakers on

11:25-12:25 Hannukkah Capture the Flag

Goals:

Have the campers understand the goals of the Maccabis and the Greeks during the Hannukkah time

Location: Soccer field

Materials:

- 6 plastic cups
- Sharpie
- 6 buckets with water
- 6 hula hoops
- Brown spray paint

Prep:

1. Spray paint cups brown
2. Draw a line on the inside of the cups
3. Fill buckets with water
4. Place three hula hoops on each side of the field, spread out from each other
5. Place one bucket and one cup inside of each hula hoop

Instructions:

1. Explain how the Maccabis want their oil to practice their Judaism and how the Greeks want to prevent the Jews from practicing their religion. There are three containers of oil on each side that you want to steal
2. Split into groups
3. Explain the rules

- a. The parameters are the soccer field. The far side is the Greeks and the near side is the Maccabis
- b. The goal is to bring the three cups, full to the line with water, back to your side
- c. You are only safe from being tagged when you are on your side, in a hula hoop, or walking back from jail after being tagged
- d. If tagged on the opponent's side, you must go to jail. To be released from jail you have to be tagged by one of your team members. Your walk back from jail is then a free walk – you can't be tagged.
- e. Once you are inside a hula hoop you are safe from being tagged

12:25-1:00 Snowball Fight (slip-n-slide): *Tu bishvat higiah chag l'ILANOT*

Goal: To have fun and keep the kids cool. Teach kids about Tu B'shvat.

Material: water balloons, slip-n-slide

3:30-4:10 Purim mask decoration + activity

Goals: Teach campers about Purim and the concept of dressing up

Location: Moadon Ilanot and surrounding migrash

Materials:

- Popsicle sticks
- 7 poster boards
- 3 containers of glitter
- sequins
- markers
- 8 bottles of glue

Prep:

1. Cut poster boards into masks
2. Put glitter into group-sized piles

Instructions:

1. Explain about Purim
  - a. Tell story
  - b. We dress up because Ester hid her identity from the king
2. Each group receives enough masks for every camper in the group
3. The campers decorate the masks
4. Once decorated, the campers glue popsicle sticks onto the side of the masks
5. Each group chooses the best mask in their group
  - a. The chosen masks are shown off on a cat walk

4:10-4:55      Passover seder plate creation out of candy

Goals: Teach about the seder plate

Location: Around Moadon Ilanot

Materials:

- 10 paper plates
- oreos
- pretzels
- sunchips
- marshmallows
- sprinkles

Prep:

1. Dish out food and plates into 8 groups

Instructions:

1. Explain the different parts of the Seder Plate
2. Explain that each group will be making a seder plate out of food
3. Have the campers split into their teams and make the seder plate

4:55-5:55      Human fooseball

Goals: Experience world (Israeli) culture

Locations: Tennis courts and basketball courts

Materials:

- 2 soccer balls
- Tape

Prep:

1. Set up two fooseball games
  - a. 8 lines of tape across the courts, evenly spaced apart

Instructions:

1. 5 kids stand on each line and one camper in the goal
2. Campers are only allowed to move on their line
3. The goal is to get the ball into the goal

## STAFF SCHEDULE: YOM SHANAH

### Schedule and Locations

Time	Activity	Location	Counselor Leading
9:15-9:45	Arts and Crafts	In and around Moadon Ilanot	All of Vaad Yom Meyuchad
9:45-11:00	Fall Related Games Beit HaMikdash Box Game Apple Basket Game	Upper Migrash Hill from upper to lower migrash behind bunks 7-9	Introducing/Overseeing rotations: Aaron and Jana  Box Game: Dan Apple Basket: Michael, Dana
	Relay Race to 4 minim Torah dressing game	A-Side tennis courts Moadon Ilanot	Relay Race: Noah G. Torah Game: Erica
11:00-11:25	Snack: apples and honey Changing	32 Bunks	
11:25-12:15	Hannukkah Capture the Flag	A-side soccer field	Intro: Noah G.
12:15-12:45	Water fight	Upper Migrash	Intro: Erica  Bunk 3 Spigot: Dana Bunk 7 Spigot: Shai Bet Am Aleph: Sharone Rabbi Gelb's house: Dan
12:45-1:00	Changing Walking to lunch	Bunks	
1:00-1:45	Lunch	Chadar Ochel	
1:45-3:30	Nikayon and Menucha	Bunks	
3:30-4:10	Purim mask decoration	In and around Moadon Ilanot	Intro: Dan
4:10-4:55	Passover seder plate creation	In and around Moadon Ilanot	Intro: Erica
4:55-5:55	Human fooseball	A-side basketball courts and tennis courts	Intro: Gil(D)mans  Basketball courts ref: Noah G. Tennis courts ref: Aaron Gillman

**Counselors going around with each group:** (During the entire day you should be with your group)

Group 1: Merav  
Group 2: Lena  
Group 3: Sharone  
Group 4: Yair

Group 5: Abby  
Group 6: Shai  
Group 7: Noah F.  
Group 8: Lizzie

## Camper Rotations and Large Teams

Fall Related Games: Campers rotate down the list

Activity	Groups
Beit Hamikdash Box Game	1 and 2
Apple Basket Game	3 and 4
Relay Race to 4 minin	5 and 6
Torah Dressing Game	7 and 8

## Hannukah Capture the Flag

Greeks: 1, 3, 5, 7  
Maccabis: 2, 4, 6, 8

## Human Fooseball

Tennis Courts:  
Team A: 1, 4  
Team B: 3, 6

## Basketball Courts:

Team C: 5, 8  
Team D: 2, 7